Post-*Heller* Second Amendment Jurisprudence

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Summary

This report examines the scope of the Second Amendment, as interpreted by the federal circuit courts of appeals, after the watershed Supreme Court decisions in *District of Columbia v. Heller* and *McDonald v. City of Chicago*. The Second Amendment states that “[a] well-regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear arms, shall not be infringed.” Before the Supreme Court’s 2008 opinion in *Heller*, the Second Amendment had received little Supreme Court attention and had been largely interpreted, at least by the lower federal courts, to be intertwined with military or militia use. Still, there had been ample debate in the lower federal courts and political discussion over whether the Second Amendment provides an individual right to keep and bear arms, versus a collective right belonging to the states to maintain militias, with the vast majority of the lower federal courts embracing the collective right theory.

In *Heller*, though, the Supreme Court adopted the individual right theory, holding that the Second Amendment protects an individual right for law-abiding citizens to keep and bear arms for lawful purposes including, most notably, self-defense in the home. Two years later in *McDonald*, the Court held that the Second Amendment applies to the states via selective incorporation through the Fourteenth Amendment.

After *Heller* and *McDonald*, numerous challenges were brought on Second Amendment grounds to various federal, state, and local firearm laws and regulations. Because *Heller* neither purported to define the full scope of the Second Amendment, nor suggested a standard of review for evaluating Second Amendment claims, the lower federal courts have been tasked with doing so in the Second Amendment challenges brought before them. As will be discussed in this report, these challenges include allegations that provisions of the Gun Control Act of 1968, as amended, as well as various state and local firearm laws (e.g., assault weapon bans, concealed carry regulations, firearm licensing schemes) are unconstitutional.

Generally, the courts have adopted a two-step framework for evaluating Second Amendment challenges. First, courts ask whether the regulated person, firearm, or place comes within the scope of the Second Amendment’s protections. If not, the law does not implicate the Second Amendment. But if so, the court next employs the appropriate level of judicial scrutiny—rational basis, intermediate, or strict scrutiny—to assess whether the law passes constitutional muster. In deciding what level of scrutiny is warranted, courts generally ask whether the challenged law burdens core Second Amendment conduct, like the ability to use a firearm for self-defense in the home. If a law substantially burdens core Second Amendment activity, courts typically will apply strict scrutiny. Otherwise, courts generally will apply intermediate scrutiny. Most challenged laws have been reviewed for intermediate scrutiny, where a court asks whether a challenged regulation falls within a category deemed “presumptively lawful” by *Heller*. If the law falls within such a category, a court does not need to apply a particular level of scrutiny in reviewing the restriction because the law does not facially violate the Second Amendment.

The body of this report discusses in detail notable post-*Heller* Second Amendment cases decided by federal courts of appeals. Because *Heller* and *McDonald* provide the only recent Supreme Court guidance on the Second Amendment, the analyses in these cases may provide useful guideposts for Congress should it seek to enact further firearm regulations.
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The Second Amendment states that “[a] well-regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear arms, shall not be infringed.” Before the Supreme Court’s 2008 opinion in District of Columbia v. Heller, the right generally had been understood by federal courts to be intertwined with military or militia use. That understanding was formed with little Supreme Court guidance: Before Heller, the Supreme Court had barely opined on the scope of the Second Amendment, making its last substantive remarks on the right in its 1939 ruling in United States v. Miller. In Miller, the Supreme Court evaluated a criminal law banning possession of a certain type of firearm, asking whether it bore a “reasonable relationship to the preservation or efficiency of a well regulated militia” such that it garnered Second Amendment protection. This passage spawned a longstanding debate over whether the Second Amendment provides an individual right to keep and bear arms versus a collective right belonging to the states to maintain militias, with the vast majority of the courts embracing the collective right theory. Indeed, before the Heller litigation began only one circuit court—the Fifth Circuit in United States v. Emerson—had concluded that the Second Amendment protects an individual’s right to keep and bear arms.

The Supreme Court’s landmark 5-4 decision in Heller upturned the earlier majority view with its holding that the Second Amendment guarantees an individual right to possess firearms for historically lawful purposes, such as self-defense in the home. But in Heller the Court did not

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1 U.S. CONST., amend II.
3 See United States v. Miller, 307 U.S. 174, 178-79 (1939); see also Sandra S. Froman & Kenneth A. Klukowski, A Round in the Chamber: District of Columbia v. Heller & the Future of the Second Amendment, 9 ENGAGE: J. FEDERALIST SOC’Y PRAC. GROUPS 16 (2008); Brian L. Frye, The Peculiar Story of United States v. Miller, 3 N.Y.U. J. L. & LIBERTY 48 (2008). Before Miller, the Second Amendment was discussed by the Supreme Court in United States v. Cruikshank, 92 U.S. 542 (1876), Presser v. Illinois, 116 U.S. 252 (1886), and Miller v. Texas, 153 U.S. 535 (1894). But the Court did not offer any meaningful substantive guidance on the nature of the right protected by the Second Amendment in those cases, holding only that the Second Amendment imposes restrictions on the federal government, not the states. See Miller, 153 U.S. at 538; Presser, 116 U.S. at 265; Cruikshank, 92 U.S. at 592; see also United States v. Emerson, 270 F.3d 203, 221 n.13 (5th Cir. 2001).
4 Miller, 307 U.S. at 178-79; see also Lewis v. United States, 445 U.S. 55, 65 n.8 (1980).
5 See Richard A. Allen, What Arms? A Textualist View of the Second Amendment, 18 GEO. MASON. U. CIV. RTS. L.J. 191, 191-93 (2008) (explaining the views taken by courts and scholars since Miller); Frye, supra note 3, at 49 & n.4 (collecting cases on both sides of the debate); Allison L. Mollenhauer, Note, Shot Down!: The D.C. Circuit Disarms Gun Control Laws in Parker v. District of Columbia, 53 VILL. L. REV. 353, 356 (2008) (noting that since Miller, “there has been disagreement among the federal circuits and legal analysts regarding whether the Second Amendment protects an individual’s right to keep and bear arms or protects only the right of members of the militia to keep and bear arms”); Joseph Bradley Adams, Note, Dispensing with the Second Amendment, 12 TRINITY L. REV. 75 (2004) (explaining the two views “spark[ed]” by Miller).
6 This report references a significant number of decisions by federal appellate courts of various regional circuits. For purposes of brevity, references to a particular circuit in the body of this report (e.g., the Fifth Circuit) refer to the U.S. Court of Appeals for that particular circuit.
7 270 F.3d 203 (5th Cir. 2001); see Amanda C. Dupree, Comment, A Shot Heard ‘Round the District: The District of Columbia Circuit Puts a Bullet in the Collective Right Theory of the Second Amendment, 16 AM. U. J. GENDER SOC. POL’y & L. 413, 417-18 (2008); but see, e.g., Silveira v. Lockyer, 312 F.3d 1052, 1086-87 (9th Cir. 2003) (adopting collective right theory); Gillespie v. City of Indianapolis, 185 F.3d 693, 710 (7th Cir. 1999) (same); United States v. Warin, 530 F.2d 103, 102 (6th Cir. 1976) (same); Frye, supra note 3, at 49 & n.4 (collecting circuit court cases that employed a collective right theory).
define the full scope of that right, leaving lower courts to fill in the gaps. Indeed, the Court has said little on the matter, most notably by holding that the Second Amendment right is incorporated through the Fourteenth Amendment to apply to the states in *McDonald v. City of Chicago.*\(^9\) Beyond *McDonald*, the Court has largely declined to grant certiorari\(^10\) to the numerous Second Amendment cases percolating in the lower federal courts with one exception: In *Caetano v. Massachusetts*, the Supreme Court—in a single, two page ruling—granted a petition for certiorari and issued an unsigned, per curiam opinion vacating the decision of the Massachusetts Supreme Court that had upheld a state law prohibiting the possession of stun guns.\(^11\) But the Court’s opinion did little to clarify Second Amendment jurisprudence, principally noting that the state court opinion directly conflicted with *Heller* without discussing the matter in further detail.\(^12\) Accordingly, this report evaluates how the lower federal courts have interpreted *Heller* and the Second Amendment through challenges to various federal, state, and local firearm laws. In particular, this report focuses on federal appellate decisions, including what categories of persons, firearms, and places may be subject to government firearm regulation, and how federal, state, and local governments may regulate those categories. These appellate decisions include challenges to provisions of the Gun Control Act\(^13\)—the primary federal law regulating the transfer and possession of firearms in interstate commerce—as well as state and local laws that provide further restrictions on the possession and sale of firearms, including assault weapon bans, concealed carry restrictions, and firearm licensing schemes, among others. This report is not intended to provide a comprehensive analysis of every Second Amendment issue brought in federal court since *Heller*; but highlights notable challenges to firearm laws that may be of interest to Congress.

**District of Columbia v. Heller**

Before *Heller*, the District of Columbia had a web of regulations governing the ownership and use of firearms that, taken together, amounted to a near total ban on handguns in the District.\(^14\) One law generally barred the registration of most handguns.\(^15\) Another law required persons with registered firearms to keep them “unloaded and either disassembled or secured by a trigger lock, gun safe, locked box, or other secure device.”\(^16\) And a third law prohibited persons within the District of Columbia from carrying (openly or concealed, in the home or elsewhere) an unlicensed firearm.\(^17\) In 2003, six D.C. residents challenged those three measures as unconstitutional under the Second Amendment, arguing that the Constitution provides an

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12 See *Caetano*, 136 S. Ct. at 1027-28.
15 See *Parker v. District of Columbia (Parker II)*, 478 F.3d 370, 373 (D. C. Cir. 2007).
16 See id.
17 See id.
individual right to bear arms. In particular, the residents contended that the Second Amendment provides individuals a right to possess “functional firearms” that are “readily accessible to be used ... for self-defense in the home.”

**Parker v. District of Columbia: Heller in the District Court**

In *Parker v. District of Columbia,* the district court was tasked with gleaning the meaning of the right provided by the Second Amendment. The last word from the Supreme Court on this right was in its 1939 ruling, *United States v. Miller.* *Miller* involved a challenge to a federal indictment for unlawfully transporting in interstate commerce an unregistered double barrel 12-gauge shotgun with a barrel less than 18 inches in length, as had been prohibited by the National Firearms Act of 1934. A district court had dismissed the indictment after concluding that the challenged criminal provision infringed the defendant’s Second Amendment rights. The Supreme Court, on direct appeal, reversed that ruling:

> In the absence of any evidence tending to show that possession or use of a ‘shotgun having a barrel of less than eighteen inches in length’ at this time has some reasonable relationship to the preservation or efficiency of a well regulated militia, we cannot say that the Second Amendment guarantees the right to keep and bear such an instrument.

In reaching that conclusion, the Court emphasized that the Second Amendment must be interpreted in the context in which it was enacted: “[w]ith [the] obvious purpose to assure the continuation and render possible the effectiveness of” Congress’s power to “provide for organizing, arming, and disciplining, the Militia.”

Relying on the Supreme Court’s guidance in *Miller*, the district court in *Parker* rejected the plaintiffs’ contention that the Second Amendment provides an individual right to bear arms unrelated to militia use. The court additionally noted that this conclusion matched those of every other federal circuit court to have considered the issue except for one recent Fifth Circuit decision. Accordingly, the district court dismissed the lawsuit for failing to state a claim for relief under the Second Amendment, reasoning that it “would be in error to overlook sixty-five

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19 Parker II, 478 F.3d at 374.
20 Initially, the case name for Heller was styled as Parker v. District of Columbia.
22 Id. at 175.
24 Miller, 307 U.S. at 176-77.
25 Id. at 178-79.
26 Id. at 178 (citing U.S. CONST. art. I, § 8).
28 Id. at 106-07 (citing United States v. Bayles, 310 F.3d 1302, 1307 (10th Cir. 2002), United States v. Napier, 233 F.3d 394, 403 (6th Cir. 2000), Gillespie v. City of Indianapolis, 185 F.3d 693, 710 (7th Cir. 1999), United States v. Wright, 117 F.3d 1265, 1273 (11th Cir. 1997), Love v. Peppersack, 47 F.3d 120, 122 (4th Cir. 1995), United States v. Nelsen, 850 F.2d 1318, 1320 (8th Cir. 1988), Thomas v. Members of City Council of Portland, 730 F.2d 41, 42 (1st Cir. 1984), and United States v. Graves, 554 F.2d 65, 66 n.2 (3d Cir. 1977)). In United States v. Emerson, the Fifth Circuit concluded, after surveying the history and purpose underlying the Second Amendment, that it “protects the right of individuals ... to privately possess and bear their own firearms ... that are suitable as personal, individual weapons” regardless of the individual’s relationship to militia or military service, and that Miller does not preclude that interpretation. 270 F.3d 203, 260 (5th Cir. 2001).
years of unchanged Supreme Court precedent and the deluge of circuit case law rejecting an individual right to bear arms not in conjunction with service in the Militia.»

**Parker v. District of Columbia: Heller in the D.C. Circuit Court of Appeals**

The D.C.-resident plaintiffs appealed to the D.C. Circuit, and a divided 3-judge panel reversed the district court’s ruling. The crux of the debate at the circuit court centered on whether the court should adopt the “collective right” versus “individual right” theory of the Second Amendment. Framed this way, the D.C. Circuit, unlike the district court, perceived the issue before it as one of first impression, opining that *Miller* actually addressed the kinds of “arms” that the Second Amendment protects.

Under the collective right theory advanced by the District of Columbia (District), the Second Amendment protects only the right of states to maintain and arm their militias. Accordingly, the District argued that the Second Amendment’s prefatory clause—“[a] well regulated Militia, being necessary to the security of a free State”—announces the Amendment’s sole purpose: to protect state militias from federal intrusion, and limiting the right to keep and bear arms to military uses. Under the individual right theory, advanced by the plaintiffs, the Second Amendment guarantees individuals a right to keep and bear arms for personal use. Pointing to a different part of the Amendment’s text, the plaintiffs argued that its operative clause—“the right of the people to keep and bear Arms shall not be infringed”—signals an individual right.

The D.C. Circuit rejected the collective right theory advanced by the District, reasoning that Supreme Court precedent interpreting the meaning of “the people,” as used in the Bill of Rights, required the court to conclude that “the people,” as used in the Second Amendment, refers to individual persons, and thus the Amendment protects an individual right. The court additionally noted that, because founding era-like militias no longer exist, the argument put forth by the District would render the Second Amendment a “dead letter.” Having established that the Second Amendment protects an individual right to keep and bear arms, the court next addressed the scope of that right by examining the lawful, private purposes for which founding-era persons owned and used firearms.

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29 *Parker*, 311 F. Supp. 2d. at 109-10.
30 *Parker II*, 478 F.3d 370 (D.C. Cir. 2007).
31 *Id.* at 378-401.
32 *Id.* at 380-81, 391, 392-94.
33 *Id.* at 379.
34 *Parker II*, 478 F.3d at 378.
35 *Id.* at 379.
36 *Id.* at 381 (emphasis added).
37 *Id.* at 381-82. The court had relied on *United States v. Verdugo-Urrutia*, 494 U.S. 259 (1990), in which the Supreme Court had declared that the phrase “the people,” as used in the First, Second, and Fourth Amendments, “refers to a class of persons who are part of a national community or who have otherwise developed sufficient connection with this country to be considered part of that community.” *Id.* at 265. The Court had made this declaration in its analysis of the Fourth Amendment to determine the question presented in *Verdugo-Urrutia*: “[W]hether the Fourth Amendment applies to the search and seizure by United States agents of property that is owned by a nonresident alien and located in a foreign country.” See *id.* at 261, 265 The Court concluded that it does not. *Id.* at 261.
38 *Parker II*, 478 F.3d at 378.
39 *Id.* at 382.
existing the Constitution, such as hunting and self-defense against private misconduct or a tyrannical government. And though the right could be subject to “reasonable restrictions,” the court noted that the Constitution would not tolerate laws, like the District’s, that amount to a “virtual prohibition” on handgun possession.

One judge dissented on the ground that the District is not a state within the meaning of its use in the Second Amendment, and thus its protections—whatever they may be—do not reach it.

**District of Columbia v. Heller: Supreme Court’s Ruling**

The challenge made its way to the Supreme Court, which, in a 5-4 decision authored by Justice Scalia, affirmed the D.C. Circuit’s conclusion that the Second Amendment provides an individual right to keep and bear arms for lawful purposes. The majority arrived at this conclusion after undertaking an extensive analysis of the founding-era meaning of the words in the Second Amendment’s prefatory and operative clauses. Applying that interpretation to the challenged D.C. firearm laws, the Court concluded that the District’s functional ban on handgun possession in the home and the requirement that lawful firearms in the home be rendered inoperable were unconstitutional.

**Majority Opinion**

**Textual Analysis**

The majority analyzed the Second Amendment’s two clauses and concluded that the prefatory clause, indeed, announces the Amendment’s purpose. And though there must be some link between the stated purpose and the command in the operative clause, the Court concluded that “the prefatory clause does not limit ... the scope of the operative clause.” Accordingly, the Court assessed the meaning of the Second Amendment’s two clauses.

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**Prefatory Clause**

“A well regulated Militia, being necessary to the security of a free State ... ”

**Operative Clause**

“... the right of the people to keep and bear Arms, shall not be infringed.”

Beginning with the operative clause, the Supreme Court first concluded that the phrase the “right of the people,” as used in the Bill of Rights, universally communicates an individual right, and

40 Id. at 395.

41 Id. at 397-99.

42 Id., at 401-09 (Henderson, J., dissenting).

43 District of Columbia v. Heller, 554 U.S. 570 (2008); McDonald v. City of Chicago, 561 U.S. 742, 780 (2010) (“[O]ur central holding in Heller is] that the Second Amendment protects a personal right to keep and bear arms for lawful purposes, most notably for self-defense within the home.”).

44 The Court did not evaluate the challenged licensing law on that ground that the District had asserted that, “if the handgun ban is struck down and respondent registers a handgun, he could obtain a license, assuming he is not otherwise disqualified,” which the Court interpreted to mean that “he is not a felon and is not insane.” See Heller, 554 U.S. at 630-31.

45 Id. at 577.

46 Id. at 577-78.
thus the Second Amendment protects a right that is “exercised individually and belongs to all Americans.”

Next, the Court turned to the meaning of “to keep and bear arms.” “Arms,” the Court said, has the same meaning now as it did during the eighteenth century: “any thing that a man wears for his defence, or takes into his hands, or uses in wrath to cast at or strike another,” including weapons not specifically designed for military use. The Court then turned to the full phrase “keep and bear arms.” To “keep arms,” as understood during the founding period, the Court said, was a “common way of referring to possessing arms, for militiamen and everyone else.” And “bearing arms,” during the founding period as well as currently, the Court said, means to carry weapons for the purpose of confrontation; but even so, the Court added, the phrase does not “connote[] participation in a structured military organization.” Taken together, the Court concluded that the Second Amendment “guarantee[s] the individual right to possess and carry weapons in case of confrontation.” The Court added that its textual analysis was supported by the Amendment’s historical background, which was relevant to its analysis because, the Court reasoned, the Second Amendment was “widely understood” to have codified a pre-existing individual right to keep and bear arms.

Turning back to the prefatory clause, the Supreme Court majority concluded that the term “well-regulated militia” does not refer to state or congressionally regulated military forces as described in the Constitution’s Militia Clause; rather, the Second Amendment’s usage refers to all “able-bodied men” who are “capable of acting in concert for the common defense.” And the security of a free “state,” the Court opined, does not refer to the security of each of the several states, but rather the security of the country as a whole.

Coming full circle to the Court’s initial declaration that the two clauses must “fit” together, the majority concluded that the two clauses fit “perfectly” in light of the historical context showing that “tyrants had eliminated a militia consisting of all the able-bodied men . . . by taking away the people’s arms.” Thus, the Court announced, the reason for the Second Amendment’s codification was “to prevent elimination of the militia,” which “might be necessary to oppose an oppressive military force if the constitutional order broke down.” But the reason for codification, the Court clarified, does not define the entire scope of the right the Second Amendment guarantees. This is so because, the Court explained, the Second Amendment codified a pre-existing right that included using firearms for self-defense and hunting, and thus the pre-existing right also informs the meaning of the Second Amendment.

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47 Id. at 579-81.
48 Id. at 581-91.
49 Id. at 581.
50 Id. at 582-83 (emphasis in original).
51 Id. at 584.
52 Id. at 592.
53 Heller, 554 U.S. at 592-95.
54 U.S. Const. art I, § 8, cl. 15 (“The Congress shall have Power ... to provide for calling forth the Militia to execute the Laws of the Union, suppress Insurrections and repel Invasions.”).
55 Heller, 554 U.S. at 595-96.
56 Id. at 597.
57 Id. at 598.
58 Id. at 599.
59 Id.
60 Id. at 599-600.
Squaring Heller with Miller

The Supreme Court majority added that its conclusion was not foreclosed by its earlier ruling in *Miller*, which, as discussed above, had largely been viewed by the lower federal courts as advancing the collective right theory. Like the D.C. Circuit, the Supreme Court concluded that *Miller* addressed only the type of weapons eligible for Second Amendment protection.61 Furthermore, in the Court’s view, the fact that *Miller* assessed a type of unlawfully possessed weapon supported its conclusion that the Second Amendment protects an individual right, noting that “it would have been odd to examine the character of the weapon rather than simply note that the two crooks were not militiamen.”62 Nor, the Court added, did *Miller* “purport to be a thorough examination of the Second Amendment,” and thus, the Court reasoned, it cannot be read to mean more than “say[ing] only that the Second Amendment does not protect those weapons not typically possessed by law-abiding citizens for lawful purposes, such as short-barreled shotguns.”63

Scope of the Right

After announcing that the Second Amendment protects an individual’s right to possess firearms, the Supreme Court explained that, “[l]ike most rights, the right secured by the Second Amendment is not unlimited.”64 Nevertheless, the Court left for another day an analysis of the full scope of the right.65 The Court did clarify, however, that “nothing in our opinion should be taken to cast doubt on longstanding prohibitions on the possession of firearms by felons and the mentally ill, or laws forbidding the carrying of firearms in sensitive places such as schools and government buildings, or laws imposing conditions and qualifications on the commercial sale of firearms,” among other “presumptively lawful” regulations.66 And as for the kind of weapons that may obtain Second Amendment protection, the Court noted that *Miller* limits Second Amendment coverage to weapons “in common use at the time a reviewing court is examining a particular firearm, which, the Court added, “is fairly supported by the historical tradition of prohibiting the carrying of dangerous and unusual weapons.”67

Second Amendment Analysis of D.C.’s Firearms Regulations

Finally, the Supreme Court applied the Second Amendment, as newly interpreted, to the contested D.C. firearm regulations—which amounted to a near-total handgun ban—and concluded that they were unconstitutional.68 First, the Court declared that possessing weapons for self-defense is

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61 *Id.* at 621-22.
62 *Id.* at 622.
63 *Id.* at 623-25.
64 *Id.* at 626.
65 *Id.*
66 *Id.* at 626-27 & n.26.
67 *Id.* at 627 (internal quotation marks and citations omitted) (“Some have made the argument, bordering on the frivolous, that only those arms in existence in the 18th century are protected by the Second Amendment. We do not interpret constitutional rights that way. Just as the First Amendment protects modern forms of communication…the Second Amendment extends, prima facie, to all instruments that constitute bearable arms, even those that were not in existence at the time of the founding.”); see also Caetano v. Massachusetts, 136 S. Ct. 1027, 1027-28 (2016) (noting that the Massachusetts Supreme Court’s conclusion “that stun guns are not protected [by the Second Amendment] because they ‘were not in common use at the time of the Second Amendment’s enactment’ .... is inconsistent with Heller’s clear statement”).
“central to the Second Amendment right,” yet the District’s handgun ban prohibits “an entire class of ‘arms’ that is overwhelmingly chosen by American society for that lawful purpose.” 69 Moreover, the handgun prohibition extended into the home, where, the Court added, “the need for defense of self, family, and property is most acute.” 70 Additionally, the requirement that firearms in the home be kept inoperable is unconstitutional because, the Court concluded, that requirement “makes it impossible for citizens to use them for the core lawful purpose of self-defense.” 71 Thus, the Court ruled, the District’s handgun ban could not survive under any level of scrutiny that a court typically would apply to a constitutional challenge of an enumerated right. 72

Dissent: Justice Stevens

Justice Stevens, joined by Justices Souter, Ginsburg, and Breyer, dissented. 73 Justice Stevens did not directly quarrel with the majority’s conclusion that the Second Amendment provides an individual right, asserting that it “protects a right that can be enforced by individuals.” 74 But he disagreed with the majority’s interpretation of the scope of the right, contending that neither the text nor history of the Amendment supports “limiting any legislature’s authority to regulate private civilian uses of firearms” or “that the Framers of the Amendment intended to enshrine the common-law right of self-defense in the Constitution.” 75 Additionally, he characterized the majority’s interpretation of Miller as a “dramatic upheaval in the law.” 76 In his view, Miller interpreted the Second Amendment as “protect[ing] the right to keep and bear arms for certain military purposes” and not “curtail[ing] the Legislature’s power to regulate the nonmilitary use and ownership of weapons.” This interpretation, Justice Stevens added, “is both the most natural reading of the Amendment’s text and the interpretation most faithful to the history of its adaptation.” 77

Dissent: Justice Breyer

Justice Breyer, joined by Justices Stevens, Souter, and Ginsburg, authored another dissent. 78 Although agreeing with Justice Stevens that the Second Amendment protects only militia-related firearm uses, in his dissent he argued that the District’s laws were constitutional even under the majority’s conclusion that the Second Amendment protects firearm possession in the home for self-defense. 79 He began by assessing the appropriate level of scrutiny under which Second Amendment challenges should be analyzed. 80 Justice Breyer suggested an interest-balancing inquiry in which a court would evaluate “the interests protected by the Second Amendment on one side and the governmental public-safety concerns on the other, the only question being whether the regulation at issue impermissibly burdens the former in the course of advancing the

69 Id. at 628.
70 Id. at 628-29.
71 Id. at 630.
72 Id. at 628-29.
73 Id. at 636-80 (Stevens, J., dissenting).
74 Id. at 636.
75 Id. at 636-37.
76 Id. at 639.
77 Id. at 637-38.
78 Id. at 681-723 (Breyer, J., dissenting).
79 Id. at 681-82.
80 Id. at 687-91.
latter.” 81 In making that evaluation, Justice Breyer would ask “how the statute seeks to further the governmental interests that it serves, how the statute burdens the interests that the Second Amendment seeks to protect, and whether there are practical less burdensome ways of furthering those interests.” 82 Applying those questions to the challenged D.C. laws, Justice Breyer concluded that (1) the laws sought to further compelling public-safety interests; (2) the D.C. restrictions minimally burdened the Second Amendment’s purpose to preserve a “well regulated Militia” and burdened “to some degree” an interest in self-defense; and (3) there were no reasonable but less restrictive alternatives to reducing the number of handguns in the District. 83 Thus, in Justice Breyer’s view, the District’s gun laws were constitutional. He also anticipated that the majority’s decision would “encourage legal challenges to gun regulation throughout the Nation.” 84 The majority did not seem to voice disagreement with this prediction, but noted that “since this case represents this Court’s first in-depth examination of the Second Amendment, one should not expect it to clarify the entire field.” 85 Indeed, after Heller a series of challenges to federal and state firearms laws occurred.

Second Amendment Incorporation

Because Heller involved a challenged to a D.C. law, and because the District is generally not viewed as a state for purposes of constitutional law, 86 a question beyond the scope of Heller was whether the Second Amendment applies to the states. 87 Initially, the Bill of Rights was thought solely to restrict the power of the federal government. 88 Only after the Fourteenth Amendment’s adoption did the Supreme Court contemplate whether the Bill of Rights applies to the states. 89 Section One of the Fourteenth Amendment declares that “[n]o state shall make or enforce any law which shall abridge the privileges or immunities of the Unites States; nor shall any state deprive any person of life, liberty, or property, without due process of law.” 90 During the nineteenth and twentieth centuries, several theories were advanced, with varying results, concerning whether the Fourteenth Amendment requires states to comply with the Bill of Rights. 91 The theory that

81 Id. at 689-90. The majority explicitly rejected Justice Breyer’s suggested approach. Id. at 634 (majority opinion) (“We know of no other enumerated constitutional right whose core protection has been subjected to a freestanding ‘interest-balancing’ approach. The very enumeration of the right takes out of the hands of government—even the Third Branch of Government—the power to decide on a case-by-case basis whether the right is really worth insisting upon.”).
82 Id. at 693 (Breyer, J., dissenting).
83 Id. at 691-719.
84 Id. at 718.
85 Id. at 635 (majority opinion).
89 See McDonald, 561 U.S. at 754.
90 U.S. Const. amend XIV, § 1.
91 The Supreme Court initially was tasked with determining whether the Fourteenth Amendment’s Privileges or Immunities Clause requires states to comply with the Bill of Rights in the Slaughter-House Cases, 83 U.S. (Wall) 36 (1873). According to the Court, it did not. Id. By the late nineteenth century, the Court began examining whether the Due Process Clause of the Fourteenth Amendment requires states to comply with the Bill of Rights; under that early inquiry, one of the Bill of Rights could be applied against the states, but without providing “the people” the same protections as against federal intrusions of those rights. See McDonald, 561 U.S. at 759-61; Suja A. Thomas, (continued...)
eventually achieved the greatest success was selective incorporation through the Fourteenth Amendment’s Due Process Clause.

Under the doctrine of selective incorporation, courts address whether the Due Process Clause of the Fourteenth Amendment fully incorporates a particular provision (and not an amendment as a whole) in the Bill of Rights and thus applies to the states. To do so, courts evaluate whether the particular provision is “fundamental to our scheme of ordered liberty” as well as “deeply rooted in this Nation’s history and tradition.” Most provisions of the Bill of Rights have been incorporated under this theory. And most recently in McDonald v. City of Chicago, the Supreme Court addressed whether the Second Amendment applies to the states.

**McDonald v. City of Chicago**

After Heller several firearms associations, along with residents of the City of Chicago and its neighboring suburb of Oak Park, Illinois, brought Second Amendment challenges to ordinances banning handgun possession in those municipalities. The lawsuits were dismissed in the federal district court on the ground that the Supreme Court had yet to apply the Second Amendment to the states. The Seventh Circuit affirmed, reasoning that century-old Supreme Court precedent had long ago announced that the Second Amendment does not apply to the states.

The Supreme Court reversed in a 4-1-4 ruling authored by Justice Alito, concluding that “the Framers and ratifiers of the Fourteenth Amendment counted the right to keep and bear arms among those fundamental rights necessary to our system of ordered liberty.” Thus, the Court held that the Second Amendment is applicable to the states through the Due Process Clause of the Fourteenth Amendment. The plurality first noted that Heller makes “unmistakable” that the

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Peter J. Rubin, Square Pegs & Round Holes: Substantive Due Process, Procedural Due Process, & The Bill of Rights, 103 COLUM. L. REV. 833, 842 (2003); Thomas, supra note 91, at 163.

See McDonald, 561 U.S. at 767 (emphasis omitted); see also Duncan v. Louisiana, 391 U.S. 145, 149 (1968) (asking whether a demand for a jury trial is a “right among those fundamental principles of liberty and justice which lie at the base of all our civil and political institutions”) (internal quotation marks and citation omitted); Sen. Sheldon Whitehouse, Restoring the Civil Jury’s Role in the Structure of Our Government, 55 WM. & MARY L. REV. 1241, 1273 (2014).

Compare McDonald, 561 U.S. at 764 n.12 (listing incorporated rights), with id. at 764 n.13 (listing unincorporated rights).

561 U.S. 742 (2010).

Nat’l Rifle Ass’n of Am., Inc. v. City of Chicago, Ill., 567 F.3d 856, 857 (7th Cir. 2009).

Id. at 857.

Id. at 857-58 (citing United States v. Cruikshank, 92 U.S. 542 (1876), Presser v. Illinois, 116 U.S. 252 (1886), and Miller v. Texas, 153 U.S. 535 (1894)).

McDonald v. City of Chicago, 561 U.S. 742, 778 (2010).

Id. at 791. Although Justice Thomas was part of the five-Justice majority of the McDonald Court who agreed that the Second Amendment was applicable to the states via the Fourteenth Amendment, he disagreed with his colleagues’
basic right to self-defense is a “central component” of the Second Amendment and “deeply rooted in this Nation’s history and tradition.” The Court reiterated much of the information recited in *Heller* about the founders’ relationship to arms, including the fear many held—based on King George III’s attempts to disarm the colonists—that the newly created federal government, too, would disarm the people to impose its will. And even though the initial perceived threat of disarmament had dissipated by the 1850s, the plurality asserted that, still, “the right to keep and bear arms was highly valued for purposes of self-defense.” The Court also pointed to congressional debate in 1868 of the Fourteenth Amendment, during which Senators had referred to the right to keep and bear arms as a “fundamental right deserving of protection.”

In his concurring opinion, Justice Thomas said that he would have construed the Second Amendment to be applicable to the states via the Privileges or Immunities Clause of the Fourteenth Amendment because, in his view, “the right to keep and bear arms is guaranteed by the Fourteenth Amendment as a privilege of American citizenship.” But his opinion, nevertheless, provided the crucial fifth vote to hold that the Second Amendment applies to the states.

**Dissenting Opinions**

Justice Breyer dissented (joined by Justices Ginsburg and Sotomayor), contending that “nothing in the Second Amendment’s text, history, or underlying rationale ... warrant[s] characterizing it as ‘fundamental’ insofar as it seeks to protect the keeping and bearing of arms for private self-defense purposes.” Additionally, he asserted that the Constitution provides no authority for “transferring ultimate regulatory authority over the private uses of firearms from democratically elected legislators to courts or from the States to the Federal Government.”

Justice Stevens authored another dissenting opinion, arguing that the question before the Court was not whether the Second Amendment, as a whole, applies to the states, but rather whether the Fourteenth Amendment requires that the liberty interest asserted—“the right to possess a functional, personal firearm, including a handgun, within the home”—be enforceable against the states. In his view, the Second Amendment is not enforceable against the states, particularly because the Amendment is a “federalism provision” that is “directed at preserving the autonomy

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view that the Due Process Clause served as the proper basis for this incorporation. *Id.* at 805-58 (Thomas, J., concurring). In Justice Thomas’s view, the Fourteenth Amendment’s Privileges or Immunities Clause provided the source for incorporation, rejecting the *Slaughter-House Cases* “insofar as it precludes any overlap between the privileges and immunities of state and federal citizenship.” *Id.* at 805-06, 855.

101 *Id.* at 767-68 (internal emphasis, quotation marks, and citations omitted) (plurality).
102 *Id.* at 768.
103 *Id.* at 770.
104 *Id.* at 775-76 (internal quotation marks and citations omitted).
105 *Id.* at 778 (Thomas, J., concurring); *but see id.* at 859-60 (Stevens, J., dissenting) (agreeing with plurality’s rejection of incorporation under the Privileges or Immunities Clause).
107 *McDonald*, 561 U.S. at 913 (Breyer, J., dissenting).
108 *Id.*
109 *McDonald*, 561 U.S. at 858, 884, 890 (Stevens, J., dissenting).
Federal Circuit Courts’ Post-Heller Approach to Second Amendment Analysis

After Heller and McDonald, lawsuits were brought nationwide challenging on Second Amendment grounds various federal, state, and local firearms regulations. Heller did not define the full scope of the right protected by the Second Amendment, but the main take away may be summed up as follows: The Second Amendment protects the right of law-abiding citizens to possess weapons for lawful purposes, notably, self-defense in the home.111 With this minimal guidance from the Supreme Court, the circuit courts largely have been applying a two-step inquiry, drawn from the discussion in Heller, to determine whether a particular law is constitutional.112 First, courts ask whether the challenged law burdens conduct protected by the Second Amendment.113 If it does not, the inquiry ends, as the law does not implicate the Second Amendment.114 But if the challenged law does burden conduct protected by the Second Amendment, courts next ask whether, under some type of means-end scrutiny (described in more detail below), the law is constitutional under that standard of review.115

The Seventh Circuit stands out among the circuit courts of appeal for, at times, taking a somewhat different approach in the two-step analysis. In recent cases the court has declined, at step two, to dig “deeply into the ‘levels of scrutiny’ quagmire.”116 Instead, the court evaluates “the strength of the government’s justification for restricting or regulating the exercise of Second Amendment rights.”117 When the firearm restriction implicates core Second Amendment rights, the Seventh Circuit has suggested that the government must make a “rigorous showing” that may resemble something close to strict scrutiny.118 For less severe burdens, the court requires the government to make a “strong showing” that a firearm regulation bears a “substantial relation” to an important

110 Id. at 897 (Stevens, J., dissenting) (internal quotation marks and citations omitted). Justice Stevens added that “[t]he idea that States may place substantial restrictions on the right to keep and bear arms short of complete disarmament is, in fact, far more entrenched than the notion that the Federal Constitutional protects any such right,” noting that “[f]ederalism is a far older and more deeply rooted tradition than is a right to carry or to own any particular kind of weapon.” See id. at 899 (internal quotation marks and citation omitted).

111 See, e.g., McDonald, 561 U.S. at 767 (“[I]n Heller, we held that individual self-defense is ‘the central component’ of the Second Amendment right.”); United States v. Masciandaro, 638 F.3d 458, 467 (4th Cir. 2011) (“The upshot of [Heller and McDonald] is that there now exists a clearly-defined fundamental right to possess firearms for self-defense within the home. But a considerable degree of uncertainty remains as to the scope of that right beyond the home and the standards for determining whether and how the right can be burdened by governmental regulation.”); see also Pratheepan Gulasekaram, “The People” of the Second Amendment: Citizenship & The Right to Bear Arms, 85 N.Y.U. L. Rev. 1521, 1522-23 (2010).

112 See, e.g., Powell v. Tompkins, 783 F.3d 332, 347 n.9 (1st Cir. 2015) (collecting cases); N.Y. State Rifle & Pistol Ass’n v. Cuomo, 804 F.3d 242, 254 & n.49 (2d Cir. 2015) (collecting cases); see also Ezell v. City of Chicago, 651 F.3d 684, 701 (7th Cir. 2011) (“The [Supreme] Court resolved the Second Amendment challenge in Heller without specifying any doctrinal ‘test’ for resolving future claims.”).

113 See id. United States v. Marzzarella, 614 F.3d 85, 89 (3d Cir. 2010).

114 See id.

115 See id.

116 United States v. Skoien, 614 F.3d 638, 641-42 (7th Cir. 2010) (en banc).

117 Ezell, 651 F.3d at 703.

118 See id. at 708. For a description of strict scrutiny, see infra section “Step Two: Applicable Standard of Review.”
governmental objective—a standard that resembles the intermediate scrutiny standard of review.119

Step One: Scope of Second Amendment Protection

The first question in the two-part framework asks whether the challenged law targets conduct within the scope of the Second Amendment’s protections. In making this determination, the reviewing courts typically engage in a textual and historical inquiry into the original meaning of the right, as the Supreme Court majority did in *Heller*.120 Yet, even after concluding that the challenged regulation does not burden protected activity, courts, at times, have applied step two out of an “abundance of caution,” given the lack of guidance from the Supreme Court as to how courts should analyze Second Amendment claims.121

“Longstanding” and “Presumptively Lawful” Regulations

For certain types of firearms regulations, some courts ask under step one whether the challenged regulation is “longstanding” and “presumptively lawful” and, if the answer is in the affirmative, the inquiry ends.122 This analysis derives from the passage in *Heller* in which the Supreme Court announced that “nothing in our opinion should be taken to cast doubt on longstanding prohibitions” that the Court considered to be “presumptively lawful,” on the possession of weapons by certain categories of persons and in certain “sensitive places,” as well as restrictions on possessing and selling certain types of weapons.123 In particular, the Court mentioned that such laws include those prohibiting felons and the mentally ill from possessing weapons; forbidding firearms from being carried in schools and government buildings; and imposing conditions on the commercial sale of firearms.124 This list was not meant to be exhaustive, and the Court did not elaborate further.125 Some scholars have dubbed this passage *Heller*’s “safe harbor,” intimating that restrictions similar to those listed in *Heller* would be found constitutional.126 Dissimilarly, at

119 Skoien, 614 F.3d at 641-42; see also Ezell, 651 F.3d at 708 (“In Skoien we required a ‘form of strong showing’—a/k/a ‘intermediate scrutiny’—in a Second Amendment challenge.”); Nat’l Rifle Ass’n of Am., Inc. v. ATF, 700 F.3d 185, 194 (5th Cir. 2012) (commenting that Skoien “eschew[ed] the two-step framework ... but appl[ied] intermediate scrutiny to a categorical restriction); United States v. Reese, 627 F.3d 792, 801 (10th Cir. 2010) (noting that the Seventh Circuit’s test in Skoien resembles intermediate scrutiny). For a description of intermediate scrutiny, see infra section “Step Two: Applicable Standard of Review.”

120 See, e.g., Ezell, 651 F.3d at 701-02; Woollard v. Gallagher, 712 F.3d 865, 875 (4th Cir. 2013); United States v. Greeno, 679 F.3d 510, 518 (6th Cir. 2012); Nat’l Rifle Ass’n of Am., 700 F.3d at 194.

121 See, e.g., Nat’l Rifle Ass’n of Am., 700 F.3d at 204; see also Woollard, 712 F.3d at 875 (“We are not obliged to impart a definitive ruling at the first step.... And indeed, we and other courts of appeals have sometimes deemed it prudent to instead resolve post-Heller challenges to firearm prohibitions at the second step.”).

122 See Jordan E. Pratt, *A First Amendment-Inspired Approach to Heller’s “Schools” and Government Buildings,* 92 Neb. L. Rev. 537, 562 (2014) (“While most of the federal circuits have settled on a bifurcated scope-scrutiny framework for dealing with Second Amendment challenges, they disagree on where to place Heller’s ‘presumptively lawful regulatory measures’ on that framework. Some circuits treat them as categorical exceptions that either presumptively or conclusively burden conduct that falls completely outside the scope of the Second Amendment.”).

123 See District of Columbia v. Heller, 554 U.S. 570, 626-27 & n.26 (2008). Courts have pondered the weight to give that passage in response to assertions that it is dicta that need not be followed, but courts have generally given it great weight, noting, for example, that “it was in fact an important emphasis upon the narrowness of the holding itself and it directly informs the holding in that case.” See, e.g., Bonidy v. U.S. Postal Serv., 790 F.3d 1121, 1124 (10th Cir. 2015).


125 Id. at 626-27 & n.26.

least one circuit court has said that if a firearms regulation is “longstanding,” it is not automatically constitutional but, rather, “enjoy[s] more deferential treatment” at step two.\(^{127}\)

Whether at step one or two, the federal courts have grappled with what makes a particular firearm restriction “longstanding” and “presumptively lawful.” Laws aligning neatly with those specifically recited by the *Heller* majority have been upheld, in some courts, as falling into *Heller*’s safe harbor.\(^{128}\) For laws falling outside those specified in *Heller*, the courts have generally found that a regulation can be longstanding even without a “precise founding-era analogue.”\(^{129}\)

This is so because laws that the Supreme Court cited as “longstanding” in *Heller*, like laws barring felons and the mentally ill from possessing firearms, were not statutorily prohibited until the mid-twentieth century.\(^{130}\) Conversely, other courts have observed the “relative futility of ‘pars[ing] these passages of *Heller* as if they contain an answer’” to whether certain gun prohibitions are valid.\(^{131}\) Additionally, one circuit court has criticized placing regulations into the so-called “safe harbor” because, in its view, that approach is too similar to rational-basis review, which *Heller* rejected.\(^{132}\)

Additionally, the circuit courts have been attempting to decipher why the Supreme Court designated certain firearms restrictions as presumptively lawful.\(^{133}\) Some courts, including the Third, Fifth, and Eight Circuits, have interpreted *Heller*’s discussion of presumptively lawful “longstanding prohibitions” on certain firearms to mean that such firearms are outside the scope of the Second Amendment.\(^{134}\) Similarly, the D.C. Circuit *presumes*, subject to rebuttal, that a longstanding regulation is unprotected by the Second Amendment and thus lawful.\(^{135}\) Yet another interpretation that has been offered is that longstanding regulations are lawful not because they are outside the scope of the Second Amendment, but because, despite burdening protected activity, they would survive analysis under any standard of scrutiny.\(^{136}\) So unlike the first two

(...continued)

\(^{127}\) See Kiehl, *supra* note 126, at 1142-44; *see also* United States v. Phillips,—F.3d—, Nos. 14-10448 & 14-10449, 2016 WL 3675450, at *3 (9th Cir. July 6, 2016) (concluding that § 922(g)(1) falls into *Heller*’s safe harbor); United States v. Humphrey, 753 F.3d 813, 818 (8th Cir. 2014) (same); *but see* United States v. Williams, 616 F.3d 685, 692-94 (applying intermediate scrutiny to analysis of constitutionality of felon-in-possession statute).

\(^{128}\) Nat’l Rifle Ass’n of Am., Inc. v. ATF, 700 F.3d 185, 196 (5th Cir. 2012); *see also* United States v. Skoien, 614 F.3d 638, 641 (7th Cir. 2010) (en banc) (“We do take from *Heller* the message that exclusions need not mirror limits that were on the books in 1791.”).

\(^{129}\) Nat’l Rifle Ass’n of Am., 700 F.3d at 196.

\(^{130}\) *Nat’l Rifle Ass’n of Am.*, 700 F.3d at 123 (1st Cir. 2011) (quoting *Skoien*, 614 F.3d at 640).

\(^{131}\) See United States v. Booker, 644 F.3d 12, 23 (1st Cir. 2011). For a description of rational basis review, *see infra* “Step Two: Applicable Standard of Review.”

\(^{132}\) See, *e.g.*, United States v. Chester, 628 F.3d 673, 679 (4th Cir. 2010); *see also* Jeff Golimowski, Note, *Pulling the Trigger: Evaluating Criminal Gun Laws in a Post-Heller World*, 49 AM. CRIM. L. REV. 1559, 1601-02 (2012) (“[L]ower courts are struggling to determine how to address existing gun laws because *Heller* did not explain why some laws seeming to restrict the Second Amendment right are presumptively lawful.”).

\(^{133}\) *See United States v. Huet*, 665 F.3d 588, 600 (3d Cir. 2012) (“[T]he longstanding limitations mentioned by the Court in *Heller* are exceptions to the right to bear arms.”); Nat’l Rifle Ass’n of Am., 700 F.3d at 196; United States v. Bena, 664 F.3d 1180, 1183 (8th Cir. 2011); United States v. Marzarella, 614 F.3d 85, 91 (3d Cir. 2010).

\(^{134}\) *Heller* v. District of Columbia (*Heller II*), 670 F.3d 1244, 1253 (D.C. Cir. 2011).

\(^{135}\) Nat’l Rifle Ass’n of Am., 700 F.3d at 196; *Marzarella*, 614 F.3d at 91; *see also* United States v. Masciandaro, 638 F.3d 458, 472 (4th Cir. 2011) (“The Court’s use of the word ‘presumptively’ suggests that the articulation of sensitive places may not be a limitation on the scope of the Second Amendment, but rather on the analysis to be conducted with respect to the burden on that right.”).
interpretations, which inquire into whether a regulation is presumptively lawful, under this latter view, the inquiry would take place during step two.

Step Two: Applicable Standard of Review

At step two, most courts analyze the challenged regulation under a particular level of scrutiny. Typically, constitutional claims are evaluated under rational basis, intermediate, or strict scrutiny.\(^{137}\) Rational basis review is the most deferential to legislatures, with courts asking whether a statute is rationally related to a legitimate government purpose.\(^{138}\) Under strict scrutiny—the most exacting standard of review—the government must show that the regulation furthers a compelling governmental interest and is narrowly tailored to serve that interest.\(^{139}\) In between those two is intermediate scrutiny, in which a court asks whether (1) the regulation furthers a substantial or important governmental interest; (2) there is a reasonable or substantial fit between the asserted interest and the challenged law; and (3) the restriction is no greater than necessary to further that interest.\(^{140}\) Under this method, “the fit needs to be reasonable,” but “a perfect fit is not required.”\(^{141}\)

Heller provided little guidance on how courts ought to review Second Amendment claims.\(^{142}\) The Supreme Court majority seemed to reject rational basis, as well as Justice Breyer’s proposed interest-balancing inquiry, as adequate analytical tools.\(^{143}\) In the majority opinion, though, the Court made numerous comparisons between the rights secured by the First and Second Amendments.\(^{144}\) Accordingly, to determine the applicable level of scrutiny, courts have looked to First Amendment jurisprudence for guidance.\(^{145}\) The Supreme Court’s First Amendment


\(^{139}\) See, e.g., Reed v. Town of Gilbert, Ariz., 135 S. Ct. 2218, 2231 (2015); Republican Party of Minn. v. White, 416 F.3d 738, 749 (8th Cir. 2005).


\(^{141}\) United States v. Staten, 666 F.3d 154, 162 (4th Cir. 2011); see also N.Y State Rifle & Pistol Ass’n v. Cuomo, 804 F.3d 242, 261 (2d Cir. 2015) (“So long as the defendants produce evidence that ‘fairly support[s]’ their rationale, the laws will pass constitutional muster” under intermediate scrutiny (quoting City of Los Angeles v. Alameda Books, Inc. 535 U.S. 425, 438 (2002))).


\(^{143}\) Id. at 628 n.27, 634-35 (“If all that was required to overcome the right to keep and bear arms was a rational basis, the Second Amendment ... would have no effect.”); see Friedman v. City of Highland Park, Ill., 784 F.3d 406, 410 (7th Cir. 2015) (“[I]f the Second Amendment imposed only a rational basis requirement, it wouldn’t do anything.”); United States v. Chester, 628 F.3d 673, 682 (4th Cir. 2010) (“Heller left open the level of scrutiny applicable to review a law that burdens conduct protected under the Second Amendment, other than to indicate that rational-basis review would not apply in this context.”).

\(^{144}\) See Chester, 628 F.3d at 682.

\(^{145}\) See, e.g., United States v. Chovan, 735 F.3d 1127, 1138 (9th Cir. 2013); Chester, 628 F.3d at 682 (“Given Heller’s focus on ‘“core’ Second Amendment conduct and the Court’s frequent references to First Amendment doctrine, we agree with those who advocate looking to the First Amendment as a guide in developing a standard of review for the Second Amendment.”); see also Lauren Paglini, Comment, How Far Will the Strictest State Push the Limits: The Constitutionality of California’s Proposed Gun Law Under the Second Amendment, 23 AM. U. J. GENDER SOC. POL’y & L. 459, 469 (2015).
jurisprudence applies strict scrutiny to laws that regulate the content of a message. But if a law regulates only the time, place, or manner of how a message is conveyed, that law is subject to intermediate scrutiny. As in that context, in Second Amendment challenges courts typically will “consider the nature of the conduct being regulated and the degree to which the challenged law burdens the right.” Thus, “[a] less severe regulation—a regulation that does not encroach on the core of the Second Amendment—requires a less demanding means-end showing.” In that case, courts apply a form of intermediate scrutiny to Second Amendment challenges. For instance, in United States v. Masciandaro, the Fourth Circuit drew a line between firearm possession in the home versus outside the home, concluding that strict scrutiny would apply to the former and intermediate scrutiny to the latter:

We assume that any law that would burden the “fundamental,” core right of self-defense in the home by a law-abiding citizen would be subject to strict scrutiny. But, as we move outside the home, firearm rights have always been more limited, because public safety interests often outweigh individual interests in self-defense.

Borrowing further from First Amendment jurisprudence, several courts have asked whether a firearm law regulates only the “time, place, and manner” in which a person may exercise Second Amendment rights. If so, intermediate scrutiny would be warranted. Finally, based on Heller, most courts have viewed rational basis review as “off the table,” leaving strict and intermediate scrutiny—the two categories of heightened scrutiny—for the courts to choose from.

Post-Heller Rulings on the Constitutionality of Federal and State Firearm Regulations

Heller largely left unresolved much of the “who, what, where, when, and why” of Second Amendment protections. The Supreme Court did make clear, however, that the Second Amendment (1) applies to law-abiding citizens who seek to use firearms for lawful purposes, particularly for self-defense in the home; and (2) does not protect dangerous and unusual

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148 See, e.g., Kolbe v. Hogan, 813 F.3d 160, 179 (4th Cir. 2016) (internal quotation marks and citation omitted); Chovan, 735 F.3d at 1138; Nat'l Rifle Ass'n of Am. v. ATF, 700 F.3d 185, 195 (5th Cir. 2012).
149 See, Nat'l Rifle Ass'n of Am., 700 F.3d at 195.
150 See, e.g., id.
151 United States v. Masciandaro, 638 F.3d 458, 470-71 (4th Cir. 2011) (citing Heller); see also Bondy v. U.S. Postal Serv., 790 F.3d 1121, 1126 (10th Cir. 2015) (“If Second Amendment rights apply outside the home, we believe they would be measured by the traditional test of intermediate scrutiny.”); Kachalsky v. County of Westchester, 701 F.3d 81, 89 (2d Cir. 2012) (“What we know from [Heller and McDonald] is that Second Amendment guarantees are at their zenith within the home.”).
152 See, e.g., Chovan, 735 F.3d at 1145-45; United States v. Marzzarella, 614 F.3d 85, 97 (3d Cir. 2010). When a law places a content-neutral, “time, place, and manner” restriction on public speech, only intermediate scrutiny is warranted. See, e.g., Ward v. Rock Against Racism, 491 U.S. 781 (1989).
153 See, e.g., Marzzarella, 614 F.3d at 97.
154 See, e.g., Nat'l Rifle Ass'n of Am., 700 F.3d at 197.
155 See United States v. Huitron-Guztar, 678 F.3d 1164, 1166 (10th Cir. 2012) (internal quotations omitted) (observing that the right to bear arms is qualified in numerous ways).
Post-Heller Second Amendment Jurisprudence

Congressional Research Service

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weapons. Since Heller and McDonald, the lower courts have been attempting to apply Heller in various Second Amendment challenges to federal, state, and local firearm laws. This section of the report highlights cases that have examined what classes of persons, weapons, and places are protected by the Second Amendment, as well as the manner in which such categories may be permissibly regulated. Concerning federal regulations, most challenges stem from provisions of the Gun Control Act of 1968, as amended, which places limitations on the commercial sale and possession of firearms in interstate commerce. The challenged state laws and regulations vary; this report highlights challenges to state assault weapon bans, concealed carry restrictions, firearm licensing schemes, and the commercial sale of arms, among others.

What Categories of Persons May Be Subject to Firearm Regulations?

Age Restrictions

Federal laws imposing age restrictions on gun possession and purchasing have survived judicial challenges. For instance, it is unlawful under 18 U.S.C. § 922(x)(2)(A) for juveniles (statutorily defined as persons under 18) to possess a handgun (subject to several exceptions). Shortly after Heller, a 17-year-old convicted under Section 922(x) challenged his conviction in the First Circuit, arguing that the statute violated his rights under the Second Amendment. In particular, he argued that his interest in self-defense is “just as strong” as that of an adult and that the statute—enacted in 1994—cannot be viewed as “longstanding.” But the First Circuit in United States v. Rene E. disagreed, concluding that there has been a “longstanding tradition of prohibiting juveniles from both receiving and possessing handguns,” with age-based gun restrictions being in place under federal law since 1968 and restrictions on juvenile possession of guns dating back more than a century at the state level. Thus, the court concluded that the federal ban on juvenile possession of handguns fell within Heller’s safe harbor for longstanding restrictions on firearm possession.

Another provision in the Gun Control Act (and corresponding regulations) makes it unlawful for firearm dealers to sell handguns to persons under 21 years old. The law was challenged in National Rifle Association v. ATF by persons between 18 and 21 years old who argued that it

156 Phrased differently, “the right to bear arms, as codified in the Second Amendment, affords no protection to ‘weapons not typically possessed by law-abiding citizens for lawful purposes.’” See Marzzarella, 614 F.3d at 90-91 (quoting District of Columbia v. Heller, 554 U.S. 570, 625 (2008)).


158 See Youth Handgun Safety Act, § 110201(a) of the Violent Crime Control and Law Enforcement Act of 1994, P.L. 103-322, 108 Stat. 1796 (1994). Exceptions to § 922(x)’s ban include possession in the course of employment, farming at the juvenile’s residence, target practice, hunting, and instruction; possession with prior written consent of the juvenile’s parent or guardian; possession in connection with membership in the armed services; and use for self-defense in the home. See 18 U.S.C. § 922(x)(3).

159 United States v. Rene E., 583 F.3d 8 (1st Cir. 2009).

160 Id. at 12.

161 Id. at 12-15.

162 Id. at 15-16.

unconstitutionally burdened their right to keep and bear arms under the Second Amendment. In its ruling, the Fifth Circuit commented that it was “inclined to uphold” the law and regulation under step one as a longstanding restriction outside the scope of the Second Amendment after finding historical support for similar firearm restrictions. Nevertheless, in an “abundance of caution,” the court proceeded to step two of the two-part test formed after Heller. At step two, the court applied intermediate scrutiny, concluding that the age-based restriction does not burden the Second Amendment’s core protections of law-abiding, responsible citizens, because “Congress found that persons under 21 tend to be relatively irresponsible and can be prone to violent crime, especially when they have easy access to handguns.” Nor does the restriction prevent 18 to 21 year olds from possessing handguns for self-defense in the home because, the court added, these persons may lawfully acquire handguns from responsible parents or guardians. Ultimately, the court concluded that the laws survived intermediate scrutiny because the government showed a nexus between the firearm restriction and the government’s interest in keeping guns out of the hands of young persons. In doing so, the court gave particular attention to Congress’s findings after a multi-year investigation that there was a causal relationship between the easy availability of firearms to persons under 21 and a rise in crime.

**Felons**

Under 18 U.S.C. Section 922(g)(1), the Gun Control Act makes it a criminal offense for a felon to possess a firearm. After Heller, the federal circuit courts have unanimously concluded that Section 922(g)(1) does not violate the Second Amendment. In upholding Section 922(g)(1), some courts have relied on the passage in Heller in which the Supreme Court announced that “nothing in our opinion should be taken to cast doubt on the longstanding possession of firearms by felons.” For example, in United States v. Vongxay, the Ninth Circuit rejected an argument that this proclamation in Heller was mere dicta that the court need not follow and upheld the challenged provision as constitutional. Some courts have opined, however, that the Supreme Court, “by describing the felon disarmament ban as ‘presumptively lawful,’” meant that a facial

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164 Nat’l Rifle Ass’n of Am., Inc. v. ATF, 700 F.3d 185 (5th Cir. 2012).
165 Id. at 200-04.
166 Id. at 204.
167 Id. at 205-06.
168 Id. at 206-07. In the dissent from the denial of rehearing en banc, six judges argued that the panel erred in applying intermediate scrutiny because, in their view, the restriction implicates the core function of the Second Amendment. See Nat’l Rifle Ass’n of Am., Inc. v. ATF, 714 F.3d 334 (5th Cir. 2013) (dissent from denial of reh’g en banc). And even under that lower standard of scrutiny, the dissent would have held the law unconstitutional. See id.
169 Nat’l Rifle Ass’n of Am., 700 F.3d at 207-11.
170 Id. at 207.
171 Under the statute, a felon is a person “who has been convicted in any court of a crime punishable by imprisonment for a term exceeding one year.” 18 U.S.C. § 922(g)(1). Some states have similar provisions. See, e.g., CAL. PENAL CODE § 29800; ME. REV. STAT. ANN. tit. 15, § 393.
172 See, e.g., United States v. Moore, 666 F.3d 313, 316-17 (4th Cir. 2012) (collecting cases); Schrader v. Holder, 704 F.3d 980, 989-91 (D.C. Cir. 2013).
173 See, e.g., Moore, 666 F.3d at 318 (“To the extent that Moore, or any similarly situated defendant, raises a facial challenge to the validity of § 922(g)(1), the clear declaration in Heller that such a felon in possession laws are a presumptively lawful regulatory measure resolves that challenge fairly quickly.”); see also United States v. Barton, 633 F.3d 168, 171-72 (3d Cir. 2011); United States v. Rozier, 598 F.3d 768, 770-71 (11th Cir. 2010); United States v. Vongxay, 594 F.3d 1111, 1115 (9th Cir. 2010).
174 Vongxay, 594 F.3d at 1115; see also Barton, 633 F.3d at 171-72 (rejecting contention that the Heller passage is “mere dicta”); Rozier, 598 F.3d at 771 n.6 (same).
challenge must fail, while also signaling that the presumption could be rebutted in an as-applied challenge.\(^{175}\) And the Third Circuit in *United States v. Barton* suggested that the presumption potentially could be rebutted if a felon convicted of a relatively minor, non-violent offense shows that (1) he is not more dangerous than a typical, law-abiding citizen or (2) sufficient time has passed since the felony conviction such that he no longer poses a threat to society.\(^{176}\) But because the defendant in *Barton* could not show that he was outside the category of felons who ought not be trusted to possess a firearm—he had earned his status as a felon for drug trafficking and receiving stolen weapons, and then upon his release tried to sell a firearm with an obliterated serial number to a police informant—the court concluded that his challenge to Section 922(g)(1) must fail.\(^{177}\) In yet another approach, the Seventh Circuit in *United States v Williams* noted that *Heller* deemed felon disarmament bans presumptively lawful, but required the government to provide “some form of strong showing” to justify Section 922(g)(1)’s firearm ban.\(^{178}\) After applying intermediate scrutiny, the court concluded that the firearm ban was constitutional as applied to the defendant, who had a violent past, because the ban was substantially related to the government’s objective of keeping firearms out of the hand of violent felons.\(^{179}\)

Notably, one court held that an indictment under Section 922(g)(1) was constitutional even as applied to a person who was not a felon forbidden from possessing a firearm but was charged with *aiding and abetting* a felon to possess a firearm in violation of that provision.\(^{180}\) In *United States v. Huet*, the defendant was indicted under Section 922(g)(1) and argued that the indictment was based solely on the government’s evidence that she possessed a rifle in her home, which she shared with a convicted felon.\(^{181}\) The district court dismissed the indictment on the ground that it would permit “the total elimination of the [Second Amendment] right of a sane, non-felonous citizen to possess a firearm, in her home, simply because her paramour is a felon.”\(^{182}\) The Third Circuit disagreed, concluding that “a properly-brought aiding and abetting charge does not burden conduct protected by the Second Amendment.”\(^{183}\) Ultimately, the Third Circuit concluded that the indictment’s dismissal was premature because the government must be allowed to further develop the evidentiary record to show that the defendant did more than merely possess a weapon in a home shared with a convicted felon, but actually *aided and abated* that felon in possessing the firearm himself.\(^{184}\) If that was the case, the defendant’s conduct would be beyond the scope of the Second Amendment given *Heller*’s comment that “the Second Amendment does not afford

\(^{175}\) *Barton*, 633 F.3d at 172-73. An as-applied challenge “argues that a law is unconstitutional as enforced against the plaintiffs before the court,” as opposed to a facial challenge to a law’s constitutionality, which is “an effort to invalidate the law in each of its applications, to take the law off the books completely.” *See* Speet v. Schuette, 726 F.3d 867, 871-72 (6th Cir. 2013) (internal quotations marks and citations omitted).

\(^{176}\) *Barton*, 633 F.3d at 174.

\(^{177}\) *Id.; see also* United States v. Moore, 666 F.3d 313, 319-20 (4th Cir. 2012) (rejecting as-applied challenge to § 922(g)(1) because the defendant’s three prior felony convictions for robbery and two other prior convictions for assaulting a government official with a deadly weapon “clearly demonstrate that he is far from a law-abiding, responsible citizen” to come with the scope of the Second Amendment’s protections).

\(^{178}\) United States v. Williams, 616 F.3d 685, 691-92 (7th Cir. 2010) (internal quotation marks and citation omitted).

\(^{179}\) *Id.* at 692-93.


\(^{181}\) *Id.* at 601.

\(^{182}\) *Id.* (quoting district court opinion).

\(^{183}\) *Id.* (emphasis added).

\(^{184}\) *Id.* at 601-02.
citizens a right to carry arms for ‘any purpose.’”185 And aiding and abetting a convicted felon in possessing a firearm, the court concluded, is not a protected right.186

**Misdemeanants of Domestic Violence**

A 1996 amendment to the Gun Control Act, commonly referred to as the Lautenberg Amendment and codified at 18 U.S.C. § 922(g)(9), prohibits persons convicted of a misdemeanor crime of violence from possessing firearms.187 Thus far, reviewing courts have uniformly upheld the provision against constitutional challenges. Several circuits have employed intermediate scrutiny to evaluate Section 922(g)(9) and, in doing so, concluded that the firearm restriction is constitutional.188 For instance, in United States v. Staten, the Fourth Circuit concluded that there is a reasonable fit between Section 922(g)(9) and a substantial governmental interest—reducing domestic gun violence—because the government had established that domestic violence in the United States is a serious problem with high rates of recidivism, and, additionally, the “use of firearms in connection with domestic violence is all too common.”189

Another circuit court, however, concluded that Section 922(g)(9) is a presumptively lawful prohibition on the possession of firearms that need not proceed to be evaluated under a particular level of scrutiny.190 In doing so, the Eleventh Circuit in United States v. White reasoned that Section 922(g)(9) was passed, in part, because Congress had recognized that domestic violence with firearms had not been remedied by “longstanding felon-in-possession laws,” and thus the court “saw no reason to exclude Section 922(g)(9) from the list of longstanding prohibitions on which Heller does not cast doubt.”191

Additionally, the Seventh Circuit sitting en banc, using its unique approach192 upheld Section 922(g)(9) as constitutional after concluding that the government made a “strong showing” that Section 922(g)(9) is substantially related to an important governmental objective.193 In particular, the court observed that Section 922(g)(9) satisfied the government’s objective of keeping firearms out of the hands of persons likely to continue to use violence (as the government had found of misdemeanants of domestic violence).194 In addition, studies presented showed high recidivism

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185 Id. at 602 (quoting District of Columbia v. Heller, 554 U.S. 570, 595 (2008)).

186 Id.


188 666 F.3d 154 (4th Cir. 2011); see also United States v. Chovan, 735 F.3d 1127, 1136-42 (9th Cir. 2013) (applying strict scrutiny to uphold § 922(g)(9)); United States v. Chester, 628 F.3d 673 (4th Cir. 2010) (rejecting argument that § 922(g)(9) is “presumptively lawful” under Heller and establishing intermediate scrutiny as the appropriate test for evaluating Second Amendment challenges to § 922(g)(9)).


190 593 F.3d 1199 (11th Cir. 2010).

191 Id. at 1205-06 (11th Cir. 2010) (internal quotation marks omitted).

192 See supra section “Federal Circuit Courts’ Post-Heller Approach to Second Amendment Analysis.”

193 United States v. Skoien, 614 F.3d 638, 641-42 (7th Cir. 2010) (en banc).

194 See id. at 642
rates for domestic abusers and an increased risk of homicide with the presence of a firearm in the home of a convicted domestic abuser.\textsuperscript{195}

**Persons Subject to a Domestic Violence Protective Order**

Similarly, 18 U.S.C. § 922(g)(8), which prohibits persons subject to certain domestic violence protective orders from possessing firearms, has survived post-*Heller* Second Amendment challenges.\textsuperscript{196} For instance, in *United States v. Chapman*, the Fourth Circuit, applying intermediate scrutiny, assumed without deciding that a person subject to a qualifying domestic violence restraining order fell within the Second Amendment’s protections and concluded that Section 922(g)(8) does not unconstitutionally burden those protections.\textsuperscript{197} Intermediate scrutiny was appropriate because, the court reasoned, a person subject to a domestic violence restraining order is not entitled to the benefit of the “core right identified in *Heller*—the right of a law-abiding, responsible citizen to possess and carry a weapon for self-defense.”\textsuperscript{198} In applying intermediate scrutiny the Fourth Circuit concluded that the government established a reasonable fit between Section 922(g)(8) and the government’s substantial interest in reducing domestic gun violence.\textsuperscript{199} In particular, the court noted that Section 922(g)(8) (among other things) “by its own terms, explicitly prohibits the use, attempted use, or threatened use of physical force against [an] intimate partner or child that would reasonable be expected to cause bodily injury.”\textsuperscript{200} Additionally, the court observed that Section 922(g)(8)’s “prohibitory sweep [is] exceedingly narrow” because the provision applies only to restraining orders currently in force.\textsuperscript{201}

Using a different approach, but reaching the same ultimate result, the Eighth Circuit in *United States v. Bena* concluded at step one of its analysis that Section 922(g)(8) is constitutional on its face, reasoning that “[i]nsofar as § 922(g)(8) prohibits possession of firearms by those who are found to represent a ‘credible threat to the physical safety of [an] intimate partner or child ... it is consistent with a common-law tradition that the right to bear arms is limited to peaceable or virtuous citizens.”\textsuperscript{202}

Additionally, in an as-applied challenge, the Fourth Circuit in *United States v. Mahin* upheld the conviction of a person subject to a domestic violence protective order and had been found in violation of Section 922(g)(8) by renting a firearm at a shooting range.\textsuperscript{203} The court rejected the

\textsuperscript{195} *Id.* at 643-45. In addition to the Seventh Circuit, the First Circuit in *United States v. Booker* used its sister circuit’s same method of analysis to conclude that § 922(g)(9) passes constitutional muster. 644 F.3d 12, 25-26 (1st Cir. 2011).

\textsuperscript{196} For the protective order to come within § 922(g)(8)’s scope, it must (1) have been issued after notice and a hearing; (2) restrain the person from harassing, stalking, or threatening an intimate partner (or that partner’s child), or from engaging in conduct that would place that partner in reasonable fear of bodily injury to the partner or child; and (3) include a finding that the person represents a credible threat to the physical safety of the partner or child, or prohibits the use, attempted use, or threatened use of physical force against that partner or child. 18 U.S.C. § 922(g)(8).

\textsuperscript{197} 644 F.3d 1180, 1184 (8th Cir. 2011). The court left open whether § 922(g)(8) could be unconstitutional as applied to a person subject to an order entered without a finding of dangerousness. *Id.* at 1185.

\textsuperscript{198} United States v. Mahin, 668 F.3d 119, 127-28 (4th Cir. 2012).
defendant’s argument that possessing a firearm “for a limited period of time in the controlled environment of a commercial shooting range” is conduct that “must be exempted from prosecution” and is not the kind of conduct Section 922(g)(8)’s seeks to criminalize.\(^\text{204}\) Instead, the court reasoned that the defendant, “possessed the power ... to leave the premises and use [a firearm] against those that sought the protections of the protective order.”\(^\text{205}\) The court did not find it relevant that the defendant did not actually leave the shooting range with the handgun and incite violence, because the intermediate scrutiny standard of review applicable to the challenged restriction, in the court’s view, “has never been held to require a perfect end-means fit.”\(^\text{206}\) Accordingly, the court concluded that “[i]t is sufficient that § 922(g)(8) rests on an established link between domestic abuse, recidivism, and gun violence and applies to persons already individually adjudged in prior protective order to pose a future threat of abuse.”\(^\text{207}\)

**Unlawful Drug Users and Addicts**

18 U.S.C. § 922(g)(3), which criminalizes the possession of firearms by persons who unlawfully use or are addicted to any controlled substance, has been upheld as constitutional by several circuit courts.\(^\text{208}\) In particular, circuit courts of appeals have upheld Section 922(g)(3) under the Second Amendment because the ban prohibits conduct similar to those listed in *Heller* as presumptively lawful, namely felons and the mentally ill.\(^\text{209}\) For instance, the Ninth Circuit in *United States v. Dugan* noted that habitual drug users, like felons and the mentally ill, “more likely will have difficulty exercising self-control, particularly when they are under the influence of controlled substances.”\(^\text{210}\)

Other circuits, however, have required the government to put forth evidence demonstrating a reasonable connection between Section 922(g)(3) and an important governmental interest.\(^\text{211}\) For instance, in *United States v. Carter* the Fourth Circuit initially vacated the conviction of a person convicted under Section 922(g)(3) for possessing a firearm while unlawfully using marijuana, and the court remanded the case to the district court for the parties to develop the record and make arguments as to whether the conviction withstood intermediate scrutiny.\(^\text{212}\) In evaluating the defendant’s argument, the circuit court assumed without deciding that the defendant maintains Second Amendment protection notwithstanding his drug use.\(^\text{213}\) And the court found on the record before it that the government had not demonstrated a connection between drug use and violence

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\(^{204}\) *Id.* at 127.

\(^{205}\) *Id.*

\(^{206}\) *Id.* at 127-28

\(^{207}\) *Id.* at 128.


\(^{209}\) See United States v. Seay, 620 F.3d 919, 925 (8th Cir. 2010) (“§ 922(g)(3) has the same historical pedigree as other portions of § 922(g) which are repeatedly upheld by numerous courts since *Heller*... As such, we find that § 922(g)(3) is the type of ‘longstanding prohibition[] on the possession of firearms’ that *Heller* declared presumptively lawful.”); see also United States v. Dugan, 657 F.3d 998, 999-1000 (9th Cir. 2011).

\(^{210}\) *See Dugan*, 657 F.3d at 999-1000.

\(^{211}\) For example, the Seventh Circuit in *United States v. Yancey* concluded that § 922(g)(3) “is substantially related to the important government interest in preventing violent crime,” noting that a]mple academic research confirms the connection between drug use and violent crime.” 621 F.3d 681, 682-87 (7th Cir. 2010).

\(^{212}\) 669 F.3d 411 (4th Cir. 2012).

\(^{213}\) *Id.* at 416.
and thus had not shown a reasonable fit between Section 922(g)(3) and its goal of keeping guns out of the hands of irresponsible and dangerous persons.  

Unlike in other cases, the government had not provided any studies, empirical data, or legislative findings to support the restriction, and instead it had argued that “the fit was a matter of common sense.”  

However, the court noted that the government’s burden on remand “should not be difficult to satisfy,” given that evidence of danger of mixing drugs and guns was, in the court’s view, “abundantly available.” And on remand, the government, indeed presented numerous studies showing a correlation between violent crime and drug use, which the Fourth Circuit ultimately found to substantiate the government’s contention that “disarming drug users reasonably serves the important governmental interest of protecting the community from gun violence.”

**Aliens**

Another provision of the Gun Control Act, 18 U.S.C. § 922(g)(5), prohibits unlawfully present aliens and most categories of nonimmigrant visa holders from possessing firearms. In determining whether the Second Amendment covers non-U.S. citizens, courts have looked to whether such persons come within the ambit of “the people” as used in the text of Second Amendment. This inquiry has produced a circuit split. Some courts that have considered the issue have concluded that “the people” does not encompass unlawfully present aliens. For instance, the Fifth Circuit in *United States v. Portillo-Munoz* recounted that the Supreme Court in *Heller* noted that “the people” include “law-abiding, responsible citizens” and “all members of the political community.” Because unlawfully present aliens fit neither description, the court concluded that they are granted no rights by the Second Amendment. Moreover, to bolster its conclusion that the restriction in Section 922(g)(5) is constitutional, the court added that

214 *Id.* at 417-21.

215 *Id.* at 419.

216 *Id.* at 418-19.

217 *United States v. Carter*, 750 F.3d 462, 465-70 (4th Cir. 2014). The Ninth Circuit recently rejected a challenge to § 922(g)(3) as unconstitutional as applied to a holder of a Nevada medical marijuana card. See *Wilson v. Lynch*,—F.3d—, No. 14-15700, 2016 WL 4537376 (9th Cir. Aug. 31, 2016). Current federal law prohibits possession and distribution of marijuana for both recreational and medicinal purposes, but a number of states have established medical marijuana regulatory regimes. See CRS Report R43437, *Marijuana: Medical and Retail—An Abbreviated View of Selected Legal Issues*, by Todd Garvey, Charles Doyle, and David H. Carpenter; CRS Report R43435, *Marijuana: Medical and Retail—Selected Legal Issues*, by Todd Garvey, Charles Doyle, and David H. Carpenter. And Congress, through a 2015 appropriations act, has prohibited the Department of Justice from using funds to “prevent” states from “implementing their own state laws that authorize the use, distribution, possession, or cultivation of medical marijuana.” See *United States v. McIntosh*,—F.3d—, Nos. 15-10117, et al., 2016 WL 4363168 (9th Cir. Aug. 16, 2016); CRS Legal Sidebar WSLG1451, *District Court Holds Appropriations Language Limits Enforcement of Federal Marijuana Prohibition*, by Todd Garvey. In *Wilson*, the Ninth Circuit accepted the challenger’s contention that she is not a user of marijuana and holds a state card that would permit her to use marijuana without violating state law only for political reasons. *Wilson*, 2016 WL at *5. Nevertheless, the Ninth Circuit found a reasonable fit between the law and the government’s objective in preventing gun violence, resulting in the challenged restriction surviving intermediate scrutiny analysis. *Id.* at *5-8. The court added that “it is eminently reasonable for federal regulators to assume that a registry cardholder is much more likely to be a marijuana user than an individual who does not hold a registry card.” *Id.* at *7.


219 *See Putillo-Munoz*, 643 F.3d at 439-40; *United States v. Flores*, 663 F.3d 1022 (8th Cir. 2011).

220 *Id.* at 440 (quoting District of Columbia v. Heller, 554 U.S. 570 (2008)).

221 *Id.; see also United States v. Carpio-Leon*, 701 F.3d 974, 978-79 (4th Cir. 2012) (declining to decide whether “the people” includes unlawfully present aliens but concluding that because such persons are not law-abiding, responsible citizens, they are beyond the scope of the Second Amendment).
“Congress has the authority to make laws governing the conduct of aliens that would be unconstitutional if made to apply to citizens.”

However, two circuit courts, while ultimately holding Section 922(g)(5) to be constitutional, have concluded that “the people,” as used in the Second Amendment, could include some unlawfully present aliens. For example, in United States v. Meza-Rodriguez, the Seventh Circuit analyzed Section 922(g)(5) as applied to an alien who was brought the United States as a young child. In determining whether the defendant was protected by the Second Amendment, the court analyzed the meaning of “the people.” Like the Fifth Circuit, the Seventh Circuit found that Heller links Second Amendment rights to law-abiding citizens, which, as someone who entered the country illegally, Meza-Rodriguez technically is not. But the court also concluded that the Supreme Court was not defining “the people” when making that connection in Heller. Accordingly, the Seventh Circuit relied on the Supreme Court’s earlier opinion in United States v. Verdugo-Urquidez, which opined that “the people,” for the purposes of protection under the First, Second, and Fourth Amendments, “refers to a class of persons who are part of a national community or who have otherwise developed sufficient connection with this country to be considered part of that community.” The defendant in Meza-Rodriguez met that standard because, the Seventh Circuit concluded, he had “extensive ties” with the United States, including his 20-year residency beginning as a child, attendance at U.S. public schools, and close family relationships with persons in the United States. Nevertheless, the court held that Section 922(g)(5) is constitutional, reasoning that the government made a strong showing that its interest in “prohibiting persons who are difficult to track and have an interest in eluding law enforcement” supports the firearm ban.

Additionally, the Tenth Circuit in United States v. Huitron-Guizar assumed that unlawfully present aliens, like the defendant—who also had been in the United States for decades and was brought to the country as a young child—could assert a Second Amendment right, noting that “we hesitate to infer from Heller a rule that the right to bear arms is categorically inapplicable to non-citizens.” Applying intermediate scrutiny to Section 922(g)(5), the court concluded that the law is constitutional, deferring to Congress’s “constitutional power to distinguish between citizens and non-citizens, or between lawful and unlawful aliens, and to ensure safety and order.” Ultimately, the court found a substantial fit between the government’s interests in crime control and public safety, and its desire to keep firearms out of the hands of those it deems as “irresponsible or dangerous.”

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222 Putillo-Munoz, 643 F.3d at 441.
223 See United States v. Meza-Rodriguez, 798 F.3d 664 (7th Cir. 2015); United States v. Huitron-Guizar, 678 F.3d 1164, 1169 (10th Cir. 2012).
224 Meza-Rodriguez, 798 F.3d at 666-67.
225 Id. at 669.
226 Id.
227 Id.
228 Id. at 670-71 (quoting United States v. Verdugo-Urquidez, 494 U.S. 259, 265 (1990)).
229 Id. at 670-72.
230 Id. at 672-73.
231 United States v. Huitron-Guizar, 678 F.3d 1164, 1168-69 (10th Cir. 2012). The Tenth Circuit also examined Verdugo-Urquidez but declined to draw any conclusions as to how that case would inform the circuit court’s interpretation of Heller’s mandates. See id. at 1167-69.
232 Id. at 1170.
233 Id. at 1169-70.
What Categories of Firearms May Be Subject to Government Regulation?

Assault Weapons and High Capacity Magazines

Several state “assault weapon” bans have been upheld in federal court, including those in the District of Columbia, New York, and Connecticut. The Second and D.C. Circuits, in reviewing those laws, applied intermediate scrutiny and based their decisions on the specific evidence presented to tie the bans to the asserted state interests. Conversely, a panel for the Fourth Circuit concluded that the lower court erred by applying intermediate scrutiny to Maryland’s assault weapons ban, and it remanded the case to the district court to apply strict scrutiny in considering the permissibility of the ban under the Second Amendment. However, the full Fourth Circuit granted a hearing en banc to reconsider the circuit panel’s ruling, but it has not yet issued a new opinion, so the ultimate status of Maryland’s law remains unresolved as of the date of this report.

After Heller, the District of Columbia revised its gun laws by enacting the Firearms Registration Amendment Act of 2008 (FRA). The FRA, among other things, banned assault weapons (including, as relevant here, semi-automatic rifles and large-capacity magazines capable of holding more than 10 rounds of ammunition). In evaluating the ban’s constitutionality, the D.C. Circuit assumed that semi-automatic rifles and high-capacity magazines garner Second

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234 The term “assault weapon ban” was generally used to describe the Public Safety and Recreational Firearms Act (part of the Violent Crime Control and Law Enforcement Act of 1994), which established a 10-year prohibition on the manufacture, transfer, and possession of certain “semiautomatic assault weapons,” as defined in the act, and large capacity ammunition feeding devices. See P.L. 103-322, 108 Stat. 1796 (1994); CRS Report R42957, Federal Assault Weapons Ban: Legal Issues, by Vivian S. Chu. The 1994 law listed numerous weapons that qualified as “semiautomatic assault weapons.” P.L. 103-322, 108 Stat. 1796 (1994). Additionally, the term “semiautomatic assault weapons” also applied to: (1) “a semiautomatic rifle that has an ability to accept a detachable magazine and has at least 2 of—(i) a folding or telescoping stock; (ii) a pistol grip that protrudes conspicuously beneath the action of the weapon; (iii) a bayonet mount; (iv) a flash suppressor or threaded barrel designed to accommodate a flash suppressor; and (v) a grenade launcher”; (2) “a semiautomatic pistol that has an ability to accept a detachable magazine and has at least 2 of—(i) an ammunition magazine that attaches to the pistol outside of the pistol grip; (ii) a threaded barrel capable of accepting a barrel extender, flash suppressor, forward handgrip, or silencer; (iii) a shroud that is attached to, or partially or completely encircles, the barrel and that permits the shooter to hold the firearm with the nontrigger hand without being burned; (iv) a manufactured weight of 50 ounces or more when the pistol is unloaded; and (v) a semiautomatic version of an automatic firearm”; and (3) “a semiautomatic shotgun that has at least 2 of—(i) a folding or telescoping stock; (ii) a pistol grip that protrudes conspicuously beneath the action of the weapon; (iii) a fixed magazine capacity in excess of 5 rounds; and (iv) an ability to accept a detachable magazine.” Id. Because the current state and local laws bear similarities to the former federal law and because of the common use of the term “assault weapons bans,” in reference to these laws, for the purposes of this report, state laws, too, will be referred to as “assault weapons bans.”

235 These laws supplement firearms restrictions found in federal law, which outlaws automatic weapons, like machine guns. See 18 U.S.C. § 922(o). The circuit courts that have engaged in a post-Heller evaluation of the federal bar on machine guns have uniformly held that there is no Second Amendment right to possess such weaponry. See, e.g., United States v. Henry, 688 F.3d 637, 640 & n.3 (9th Cir. 2012) (collecting cases). For example, in United States v. Henry, the Ninth Circuit pointed to Heller’s announcement that the country’s history of banning “dangerous and unusual weapons” limits the Second Amendment right to keep and bear arms and concluded that machine guns are such weapons and thus not protected by the Second Amendment. 688 F.3d 637, 640 (9th Cir. 2012). The Third Circuit held the same. United States v. One Palmetto State Armory PA-15 Machinegun, 822 F.3d 136 (3d Cir. 2016). The Fifth Circuit also concluded that machine guns are outside the scope of the Second Amendment, but only after conducting an independent inquiry into whether machine guns are “dangerous and unusual” weapons and contending that the Heller passage is dicta. See Hollis v. Lynch, —F.3d—, No. 15-10803, 2016 WL 3568063 (5th Cir. June 30, 2016).


Amendment protection but, after applying intermediate scrutiny, concluded that the provision was constitutional.\textsuperscript{238} The court chose intermediate scrutiny because the law, in the court’s view, did not substantially burden the Second Amendment because it did not completely ban handgun possession—described in \textit{Heller} as the “quintessential self-defense weapon.”\textsuperscript{239} Nor, the court added, did the District’s law prevent a person from having a different, “suitable and commonly used weapon” (e.g., handguns, non-automatic long guns) for self-defense in the home or hunting.\textsuperscript{240} Next, the D.C. Circuit concluded that the ban survived intermediate scrutiny because the record evidence substantiated the District’s assertion that the ban was substantially related to protecting police officers and crime control.\textsuperscript{241} For example, evidence submitted “suggest[ed that] assault weapons are preferred by criminals and place law enforcement ‘at particular risk ... because of their high firepower.’”\textsuperscript{242} And “the risk ‘posed by military-style assault weapons,” according to the circuit court, is “‘increased significantly if they can be equipped with high-capacity ammunition magazines’ because, ‘by permitting a shooter to fire more than ten rounds without reloading, they greatly increase the firepower of mass shooters.’”\textsuperscript{243}

The Second Circuit took a similar approach when analyzing assault weapon bans in New York and Connecticut, enacted after the shooting at Sandy Hook Elementary School in Newtown, Connecticut.\textsuperscript{244} In \textit{New York State Rifle & Pistol Association v. Cuomo}, the Second Circuit, applying intermediate scrutiny, upheld provisions banning assault weapons—defined as semi-automatic weapons with certain enumerated features—and large-capacity magazines capable of holding more than 10 rounds of ammunition, declaring that the dangers posed by such weapons “are manifest and incontrovertible.”\textsuperscript{245} However, the court struck down one provision in each state’s law. New York’s law also had a “load limit” that banned the possession of a firearm loaded with more than seven rounds of ammunition.\textsuperscript{246} The court struck it down on the grounds that the ban “is entirely untethered from the stated rationale of reducing the number of assault weapons and large capacity magazines,” and New York “failed to present evidence that the mere existence of this load limit will convince any would-be malefactors to load magazines capable of holding ten rounds with only the permissible seven.”\textsuperscript{247} And Connecticut’s law specifically banned one non-semiautomatic weapon; the court concluded that it did not pass constitutional muster under

\textsuperscript{238} \textit{Id.} at 1261. Similarly, the Ninth Circuit denied a request to enjoin a ban on high-capacity magazines in Sunnyvale, California (enacted after voters passed a ballot measure establishing the ban), concluding, among other things, that the government met its burden of showing that the ban was likely to survive intermediate scrutiny. See \textit{Fyock v. Sunnyvale}, 779 F.3d 992 (9th Cir. 2015). Based on Sunnyvale’s evidence that large-capacity magazines increase the lethality in gunshot injuries by allowing more gunshots to be fired, the appellate court concluded the district court did not abuse its discretion in finding that the ban fit the government’s substantial interest in reducing the danger of gun violence, especially mass shootings and crimes against law enforcement. \textit{Id.} at 1000-01.

\textsuperscript{239} \textit{Heller II}, 670 F.3d at 1261-62 (quoting District of Columbia v. Heller, 554 U.S. 570, 629 (2008)).

\textsuperscript{240} \textit{Id.} at 1262.

\textsuperscript{241} \textit{Id.} at 1262-63

\textsuperscript{242} \textit{Id.}

\textsuperscript{243} \textit{Id.} at 1263.

\textsuperscript{244} \textit{N.Y State Rifle & Pistol Ass’n v. Cuomo}, 804 F.3d 242 (2d Cir. 2015). Somewhat similar to \textit{Heller II}, the Second Circuit chose intermediate scrutiny because the burden imposed by the challenged laws, though substantial, was not, in the court’s view, severe. \textit{Id.} at 260. The court reasoned that the laws banned only a limited subset of semiautomatic firearms—those containing one or more specified military-style features—and magazines, leaving numerous alternatives for people to exercise core Second Amendment rights. See \textit{id}.

\textsuperscript{245} \textit{Id.} at 247-51.

\textsuperscript{246} \textit{Id.} at 249, 264.

\textsuperscript{247} \textit{Id.} at 264.
intermediate scrutiny given the state’s failure to argue how the ban related to a substantial government interest.\(^{248}\)

Taking a different approach, the Seventh Circuit in *Friedman v. City of Highland Park* evaluated the constitutionality of a Chicago suburb’s assault weapon ban by asking “whether [the] regulation bans weapons that were common at the time of ratification or those that have ‘some reasonable relationship to the preservation of a well regulation militia,’ and whether law-abiding citizens retain adequate means of self-defense.”\(^{249}\) The court noted that features of the banned firearms were not available at ratification but are now commonly used for military and police purposes and, thus, “bear a relation to the preservation and effectiveness of state militias.”\(^{250}\) Still, because states are in charge of militias, the court reasoned, state governments (and other units of local government) ought to have the authority to decide when civilians may have military-grade firearms in order to have them ready for when the militia is called to duty.\(^{251}\) The court also noted that other firearms, including long guns, pistols, and revolvers, were still available for self-defense.\(^{252}\) Accordingly, the Seventh Circuit concluded that the assault weapons ban fell within the limits established by *Heller* and thus was constitutional.\(^{253}\) In 2015, the Supreme Court denied granting a petition for a writ of certiorari over the dissent of Justices Thomas and Scalia.\(^{254}\) In his dissent, Justice Thomas argued that the Seventh Circuit (and other circuits holding similarly) “upheld categorical bans on firearms that millions of Americans own for lawful purposes” and suggested that those bans ran afoul of *Heller* and *McDonald*.\(^{255}\)

Conversely, a three-judge panel of the Fourth Circuit—breaking from the other courts—concluded that strict scrutiny applied to Maryland’s similar ban on assault weapons and high-capacity magazines because the law “implicate[d] the core protection of the Second Amendment” by limiting law-abiding citizens from using those kinds of weapons for self-defense in the home.\(^{256}\) Moreover, the court noted that the burden on the exercise of Second Amendment imposed by the Maryland law was substantial because a complete ban was imposed on a popular subset of weapons.\(^{257}\) Because the district court had applied intermediate scrutiny and upheld the law, the Fourth Circuit remanded the case to the district court to evaluate Maryland’s law in the first instance under strict scrutiny—expressing no opinion as to the constitutionality of Maryland’s law.\(^{258}\) Before the case could be remanded, however, the entire Fourth Circuit granted

\(^{248}\) *Id.* at 269. However, the court added that “[w]e do not foreclose the possibility that States could in the future present evidence to support such a prohibition. *Id.*


\(^{250}\) *Id.* at 410.

\(^{251}\) *Id.*

\(^{252}\) *Id.* at 411.

\(^{253}\) *Id.* at 412. In dissent, Judge Manion asserted that “[b]y prohibiting a class of weapons commonly used throughout the country, Highland Park’s ordinance infringes upon the rights of its citizens to keep weapons in their homes for the purpose of defending themselves, their families, and their property” and are “directly at odds with the central holdings of *Heller* and *McDonald*.” See *id.* at 412-13 (Manion, J., dissenting). He also disagreed with the approach taken, contending that the common two-part test should have been applied. *Id.* at 414-15.


\(^{255}\) *Id.* at 447.

\(^{256}\) *Kolbe v. Hogan*, 813 F.3d 160, 168, 182 (4th Cir. 2016) (“We recognize that other courts have reached different outcomes when assessing similar bans, but we ultimately find those decisions unconvincing.”).

\(^{257}\) *Id.* at 168.

\(^{258}\) *Id.* at 179-81.

\(^{259}\) *Id.* at 168.
the state’s request for rehearing before the full court of appeals— which took place on May 11, 2016—thus placing the litigation in limbo until the court issues a new opinion.

Ammunition

At least one circuit court has found that ammunition, although not explicitly mentioned in the Second Amendment, is constitutionally protected because “the right to possess firearms for protection implies a corresponding right to obtain the bullets necessary to use them.” In the Ninth Circuit’s view, “without bullets, the right to bear arms would be meaningless.” Even with that understanding, though, the Ninth Circuit in Jackson v. City & County of San Francisco upheld a San Francisco ordinance banning the sale of ammunition with no sporting purpose that is designed to expand or fragment upon impact. The court concluded that banning a certain type of ammunition does not substantially burden the Second Amendment right to use firearms for self-defense because the restriction burdens only the manner in which that right is exercised, and thus ought to be reviewed under intermediate scrutiny. The court ultimately concluded the ordinance substantially fit San Francisco’s important interest in reducing the likelihood that shooting victims in the city will die from their injuries, noting that the city legislature, in enacting the legislation, had relied on evidence showing that hollow-point bullets are more lethal than regular bullets.

Where May Firearms Be Restricted by Government Regulation?

Firearms Outside the Home

Post-Heller, courts have disagreed about whether and the extent to which the Second Amendment protects the right to carry firearms outside the home. For example, Illinois had banned persons (subject to certain exceptions) from carrying uncased, immediately accessible (i.e., ready to use) firearms outside the home, until the Seventh Circuit struck down that law, holding that it conflicted with Heller’s interpretation of the Second Amendment. The circuit court declined “to

260 Kolbe v. Hogan, 636 F. App’x 880 (4th Cir. 2016);
262 Jackson v. City & County of San Francisco, 746 F.3d 953, 967 (9th Cir. 2014) (internal quotation marks and citation omitted). The District of Columbia Court of Appeals held similarly, concluding that “from the Court’s reasoning [in Heller and McDonald], it logically follows that the right to keep and bear arms extends to the possession of handgun ammunition in the home; for if such possession could be banned (and not simply regulated), that would make it ‘impossible for citizens to use [their handguns] for the core lawful purpose of self-defense.’” See Herrington v. United States, 6 A.3d 1237, 1243 (D.C. 2010) (quoting District of Columbia v. Heller, 554 U.S. 570 (2008)).
263 Jackson, 746 F.3d at 967.
264 Id. at 967-70 (evaluating S.F. CAL. POLICE CODE § 613.10(g)).
265 Id. at 968.
266 Id. at 969.
267 Cases related to the manner in which states regulate the concealed carry of firearms will be discussed in more detail later in this report. See infra section “‘Good Cause’ Requirements for Concealed Carry Licenses.”
268 Moore v. Madigan, 702 F.3d 933, 934, 942 (7th Cir. 2012). Four judges, including the dissenting judge in Moore, subsequently dissented from the denial of rehearing en banc, arguing, that “extending the right to bear arms outside the home and into the public sphere presents issues very different from those involved in the home itself, which is all the Supreme Court decided in [Heller].” Moore v. Madigan, 708 F.3d 901, 902 (7th Cir. 2012) (Hamilton, J., dissenting from denial of reh’g en banc).
engage in another round of historical analysis to determine whether eighteenth-century America understood the Second Amendment to include a right to bear guns outside the home,” reasoning that “[t]he Supreme Court has decided that the amendment confers a right to bear arms for self-defense, which is as important outside the home as inside.”

And the Seventh Circuit concluded that Illinois had not met its burden of showing more than a rational basis for how its “uniquely sweeping ban” justified its interest of increasing public safety.

Yet in *Peterson v. Martinez*, the Tenth Circuit, in the course of evaluating Colorado’s concealed carry regulations, concluded that the Second Amendment does not provide a right to carry a concealed firearm. The Colorado law being reviewed in *Peterson* barred non-Colorado residents from carrying concealed firearms in most locations, but contained exceptions for certain places, like in one’s home or place of business. In upholding the law, the court observed that bans on the concealed carrying of firearms have long been on the books and have been upheld by courts going back to the nineteenth century. Thus, the law, in the court’s view, fell into *Heller*’s safe harbor.

**Government Property**

Challenges brought against firearm prohibitions on federal property raise the question of whether such prohibitions fall into *Heller*’s safe harbor for “sensitive places.” For instance, by regulation, firearms are prohibited on U.S. postal property. *In Bonidy v. U.S. Postal Service*, a Colorado resident with a concealed carry permit challenged the regulation as unconstitutional under the Second Amendment as applied to him because it forbade him from carrying his firearm into his local post office, as well as storing it in his car in the post office’s parking lot while picking up his mail. The Tenth Circuit rejected his claims, concluding that the restrictions did not implicate the Second Amendment because they concerned locations that were on government property.

In doing so, the court relied on the passage in *Heller* that carrying firearms in sensitive places like government buildings are presumptively lawful. According to the circuit court, that language applies “with the same force” to the parking lot adjacent to a government post office because “the parking lot should be considered as a single unit with the postal building.” Yet noting that the restriction’s application to the parking lot question presented a closer question than the restriction’s application to the postal building, the Tenth Circuit alternatively concluded that, even assuming that Second Amendment rights applied there, the regulation survived intermediate scrutiny. Ultimately, the Tenth Circuit concluded that the regulation was substantially related to

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269 *Moore*, 702 F.3d at 942.
270 *Id.*
271 *Peterson v. Martinez*, 707 F.3d 1197, 1209 (10th Cir. 2013).
272 *Id.*
273 *Id.* at 1210-11.
275 30 C.F.R. § 232.1(l).
276 *Bonidy v. U.S. Postal Serv.*, 790 F.3d 1121, 1122-23 (10th Cir. 2015).
277 *Id.* at 1124-29.
278 *Id.* at 1124-25.
279 *Id.* at 1125, 1128 (noting that post office parking lots often include collection boxes, thus allowing postal transactions to take place in the parking lot).
280 *Id.* at 1125-26. The court chose intermediate scrutiny because the right asserted was outside the home. *Id.* at 1126. In a separate opinion, Judge Tymkovich disagreed with the conclusion that the regulation is lawful as applied to the (continued...)
the government’s important interest in providing a safe environment for its employees and visitors.\(^{281}\) And despite the challenger’s contention that the regulation is over-inclusive because his post office is open to the public at all times yet “relatively unsecured,” the court concluded that the U.S. Postal Service “is not required to tailor its safety regulations to the unique circumstances of each customer, or to craft different rules for each of its more than 31,000 post offices, or to fashion one set of rules for parking lots and another for its buildings.”\(^{282}\)

In another case involving government property, a federal circuit court concluded that a former Department of the Interior regulation prohibiting persons from possessing a loaded weapon in vehicles on national park grounds was constitutional after applying intermediate scrutiny.\(^{283}\) The issue was brought to the Fourth Circuit in United States v. Masciandaro when a defendant convicted under the regulation contended that it violated his rights under the Second Amendment because he carried a handgun for self-defense when he slept in his car in national parks.\(^{284}\) The government argued that national parks are the kind of “sensitive place[s]” envisioned by Heller where firearm bans would be presumptively lawful.\(^{285}\) The Fourth Circuit declined to evaluate that argument, concluding, instead, that regardless of a national park’s status as a “sensitive place,” the regulation survived intermediate scrutiny.\(^{286}\) Under that analysis, the court ruled that the government has a substantial interest in providing safety to national park visitors, and the regulation was a narrow prohibition that was “reasonably adapted” to the government’s interest. Furthermore, the court reasoned that loaded firearms concealed in vehicles are more dangerous, as they can fire accidentally or provide an opportunity for an assailant to flee.\(^{287}\)

### Interstate Acquisition of Firearms

The Gun Control Act, in 18 U.S.C. § 922(a)(3), makes it illegal (except in certain situations) for anyone except a licensed firearms importer, manufacturer, dealer, or collector to transport a firearm in interstate commerce; in other words, a non-licensed person is prohibited from transporting across state lines firearms acquired outside of his state of residence.\(^{288}\)

In analyzing a facial challenge to Section 922(a)(3), the Second Circuit in United States v. Decastro concluded that Section 922(a)(3) only minimally burdens the ability of acquire a firearm and is therefore permissible. Notably, in reaching this conclusion the Second Circuit did not apply heightened scrutiny.\(^{289}\) In reaching its decision, the court looked to First Amendment

(...continued)

281 Id. at 1129-41 (Tymkovich, J., dissenting).
282 Id. at 1127.
283 See United States v. Masciandaro, 638 F.3d 458, 460 (4th Cir. 2011) (evaluating former 36 C.F.R. § 2.4(b)). The regulation was promulgated pursuant to the Secretary of the Interior’s authority under 16 U.S.C. § 3 “to make and public such rules and regulations as he may deem necessary or proper for the use and management of the parks... under the jurisdiction of the National Park Service.” Id. at 460-61. After the defendant’s arrest but before his conviction, the Secretary of the Interior revised the regulation to permit persons to possess operable firearms in a national park so long as it is legal to do so in the state in which the park was located. See 74 Fed. Reg. 74,966, 74,971-72 (Dec. 10, 2008); Masciandaro, 638 F.3d at 460-61. That provision is now codified at 36 C.F.R. § 2.4(a).
284 Masciandaro, 638 F.3d at 460-61, 465.
285 Id. at 471.
286 Id. at 473.
287 Id.
289 Decastro, 682 F.3d at 164-67.
jurisprudence, which allows for content-neutral time, place, or manner regulations of free speech.\(^{290}\) In the court’s view, “[b]y analogy, [a] law that regulates the availability of firearms is not a substantial burden on the right to keep and bear arms if adequate alternative remain for law-abiding citizens to acquire a firearm for self-defense.”\(^{291}\) Accordingly, for the defendant’s facial challenge to prevail, he would have to show that ‘“no set of circumstances exist under which the [statute] would be valid, i.e., that the law is unconstitutional in all of its applications,’ or at least that it lacks a ‘plainly legitimate sweep.’”\(^{292}\) And the defendant could not prevail because, the court concluded, the statute has a plainly legitimate sweep by helping states enforce their own gun laws.\(^{293}\) Nor would the federal prohibition on the interstate transfer of firearms be rendered unconstitutional in the event that some state laws governing firearm sales were found to be unconstitutional because the federal restriction contains no provision that facially “sanctions, compels, or encourages states” to burden the Second Amendment.\(^{294}\)

### How May the Government Regulate Firearms?

**Firearm Registration Requirements**

Washington D.C.’s 2008 FRA (discussed above) also required firearm owner to register their firearms (limited to no more than one pistol in a 30-day period) and, in doing so, submit each pistol to be registered for ballistics identification. Applicants were required, among other things, to renew each registration in person every three years, have vision qualifying for a driver’s license, submit to being fingerprinted and photographed, submit to a background check every six years, and attend a specified amount of firearms training or safety instruction.\(^{295}\) These requirements applied to long guns in addition to handguns.\(^{296}\) The new registration requirements were challenged as unconstitutional. The D.C. Circuit concluded that the “mere registration” of a handgun, alone, is a presumptively lawful, longstanding regulation “deeply enough rooted in our history to support the presumption that a registration requirement is constitutional.”\(^{297}\) But as applied to long guns, the court concluded, registration is novel.\(^{298}\) As for some of D.C.’s particular registration requirements listed above (as well as all of the requirements as applied to long guns), the court concluded that those must be evaluated under intermediate scrutiny to determine their constitutionality because they do not severely limit the exercise of Second Amendment rights.\(^{299}\) The D.C. Circuit concluded, however, that the District had not demonstrated a “tight fit” between the registration requirements and its asserted interests of

\(^{290}\) Id. at 167-68.

\(^{291}\) Id. at 168.

\(^{292}\) Id. (quoting Wash. State Grange v. Wash. State Republican Party, 552 U.S. 442, 449 (2008)).

\(^{293}\) Id. at 168-69.

\(^{294}\) Id. at 169.


\(^{296}\) Id. at 1255.

\(^{297}\) Id. at 1253. Also in the vein of the government’s ability to track firearms, the constitutionality of 18 U.S.C § 922(k)—which criminalizes the possession of a firearm with its serial number altered, removed, or obliterated—was upheld under intermediate scrutiny because, according to the Third Circuit, the law fit reasonably with the government’s law enforcement interest in tracing weapons used in crimes by “reach[ing] only conduct creating a substantial risk of rendering firearms untraceable.” See United States v. Marzzarella, 614 F.3d 85, 98-99 (3d Cir. 2010).

\(^{298}\) Heller II, 670 F.3d at 1255.

\(^{299}\) Heller II, 670 F.3d at 1255-58.
protecting police officers and crime control. The court stated that the District must “present some meaningful evidence, not mere assertions, to justify its predictive judgments” about reducing firearms-related crimes, and the circuit court therefore remanded the case to the district court for the parties to have the opportunity to further develop the record.

After this ruling, the District revised its firearms laws by enacting the Firearms Amendment Act of 2012 (FAA), removing some, but not all of the contested registration requirements for handguns and keeping basic registration requirements for long guns, along with many other generally applicable requirements for persons registering firearms. Those requirements came before the D.C. Circuit again in a third round of *Heller v. District of Columbia*. First, the court concluded that the burden from the basic registration requirements as applied to long guns was de minimis and thus did not implicate the Second Amendment. The other requirements were met with different results. The court ruled that the District’s asserted interests in protecting police officers and promoting public safety were substantial, but the circuit court concluded that only the interest in promoting public safety reasonably fit with some, but not all, of the contested regulations. Those that reasonably fit the public safety interest, in the court’s view, included the requirements to appear in person and be photographed and fingerprinted; the $13 fee to register the firearm, along with the $35 fee for fingerprinting; and the requirement that applicants satisfy a safety and training course requirement. Those that did not survive scrutiny included the requirements (1) to bring the firearm to registration; (2) to renew registration every three years; (3) to have knowledge of local gun laws; and (4) the prohibition on registering more than one pistol in a 30-day period. These divergent results were a product of the relative strength of the District’s evidence, as determined by the D.C. Circuit, in attempting to show a fit between the District’s asserted interests and the registration requirements.

“Good Cause” Requirements for Concealed Carry Licenses

Some states and localities have enacted measures requiring a person seeking a concealed carry license to demonstrate good cause for needing one. The courts have generally upheld these laws, although they have disagreed on whether the ability to carry a concealed firearm is, in fact, protected by the Second Amendment. For instance, in *Kachalsky v. County of Westchester*, the Second Circuit considered a challenge by persons who were denied an unrestricted concealed carry license under New York law. According to the state’s concealed carry requirements, an applicant must demonstrate “proper cause” to obtain a concealed carry license—a restriction that had been construed by the New York state courts to require an applicant seeking an unrestricted concealed carry license for self-defense purposes to “demonstrate a special need for self-

300 *Id.* at 1258.
301 *Id.* at 1259.
303 801 F.3d 264.
304 *Heller III*, 801 F.3d at 273-74.
305 *Id.* at 274-75.
306 *Id.* at 275-81.
307 *Id.*
308 *Id.*
309 *Id.* at 86-87 (internal quotation marks and citations omitted).
310 701 F.3d 81 (2d Cir. 2012).
protection distinguishable from that of the general community or of persons engaged in the same profession.”\footnote{Id. at 86 (internal quotation marks and citations omitted).} The plaintiffs in\textit{Kachalsky} argued that the concealed carry law is unconstitutional by preventing them from “carry[ing] weapons in public to defend themselves from dangerous confrontation.”\footnote{Id. at 87-88 (2d Cir. 2012).} But the Second Circuit rejected that contention. Assuming that the Second Amendment applied and employing intermediate scrutiny on account of the gun restriction affecting activities outside the home, the\textit{Kachalsky} court held that the New York statute was substantially related to the government’s interests in public safety and crime prevention.\footnote{Id. at 93-100.} And requiring persons to show an objective threat to personal safety before obtaining a concealed carry license, the court reasoned, is consistent with the right to bear arms, particularly given that “there is no right to engage in self-defense with a firearm until the objective circumstances justify the use of deadly force.”\footnote{Id. at 100. Conversely, a recent district court ruling from District of Columbia applied strict scrutiny to D.C.’s “good reason” requirement for a concealed carry permit when a challenger requested that the court preliminarily enjoin the law. See\textit{Grace v. District of Columbia},—F.Supp.3d—, No. 15-2234, 2016 WL 2908407 (D. D.C. May, 17, 2016). Under the law, enacted in 2015, the Chief of the Metropolitan Police Department “may” issue a license to carry a concealed firearm upon a finding that “it appears that the applicant has good reason to fear injury to his or her person or property or has any other proper reason for carrying a pistol, and the he or she is a suitable person to be so licensed.” D.C.\textsc{Code} § 22-4506(a). To show a good reason to fear in jury, the applicant must show “a special need for self-protection distinguishable from the general community as supported by evidence of specific threats or previous attacks that demonstrate a special danger to the applicant’s life.” D.C.\textsc{Code} § 7-2509-11(1)(A). Other “proper reasons” include employment in a job requiring handling cash or other valuables transported on the person. D.C.\textsc{Code} § 7-2509-11(1)(B). The court concluded that the right to carry weapons outside the home not only is protected by the Second Amendment, but is one of its “core” protections “[g]iven that the Second Amendment’s central purpose is self-defense and that this need arises more frequently in public, it logically follows that the right to carry arms for self-defense in public lies at the very heart of the Second Amendment.” Id. at *11-12. The court found the burden to be substantial, applied strict scrutiny, and concluded that the law “likely” was not narrowly tailored to promote a compelling government interest. Id. at *13-15. An appeal has been filed, and the case is pending in the D.C. Court of Appeals.} California has a somewhat similar law as that upheld in\textit{Kachalsky}, which states that an officer “may” issue a concealed carry licenses to applicants who have demonstrated good moral character and good cause for the license.\footnote{Id. at 86 (internal quotation marks and citations omitted).} But when two California counties’ policies for determining good cause were challenged under the Second Amendment, the Ninth Circuit, sitting en banc in\textit{Peruta v. County of San Diego}, concluded that the Second Amendment “does not extend to the carrying of concealed firearms in public by members of the general public.”\footnote{Id. at 100. Conversely, a recent district court ruling from District of Columbia applied strict scrutiny to D.C.’s “good reason” requirement for a concealed carry permit when a challenger requested that the court preliminarily enjoin the law. See\textit{Grace v. District of Columbia},—F.Supp.3d—, No. 15-2234, 2016 WL 2908407 (D. D.C. 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Court of Appeals.} And based on the Supreme Court’s ruling a few decades after the Fourteenth Amendment’s ratification, in which the Court announced that “the right of the people to keep and bear arms ... is not infringed by laws prohibiting the carrying of concealed weapons,”\footnote{California has a somewhat similar law as that upheld in\textit{Kachalsky}, which states that an officer “may” issue a concealed carry licenses to applicants who have demonstrated good moral character and good cause for the license.\footnote{Id. at 86 (internal quotation marks and citations omitted).} But when two California counties’ policies for determining good cause were challenged under the Second Amendment, the Ninth Circuit, sitting en banc in\textit{Peruta v. County of San Diego}, concluded that the Second Amendment “does not extend to the carrying of concealed firearms in public by members of the general public.”\footnote{Id. at 100. Conversely, a recent district court ruling from District of Columbia applied strict scrutiny to D.C.’s “good reason” requirement for a concealed carry permit when a challenger requested that the court preliminarily enjoin the law. See\textit{Grace v. District of Columbia},—F.Supp.3d—, No. 15-2234, 2016 WL 2908407 (D. D.C. May, 17, 2016). Under the law, enacted in 2015, the Chief of the Metropolitan Police Department “may” issue a license to carry a concealed firearm upon a finding that “it appears that the applicant has good reason to fear injury to his or her person or property or has any other proper reason for carrying a pistol, and the he or she is a suitable person to be so licensed.” D.C.\textsc{Code} § 22-4506(a). 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The court found the burden to be substantial, applied strict scrutiny, and concluded that the law “likely” was not narrowly tailored to promote a compelling government interest. Id. at *13-15. An appeal has been filed, and the case is pending in the D.C. Court of Appeals.} plus lower court rulings in the years following the Second Amendment’s ratification concluding similarly, the Ninth Circuit held that the Second Amendment “does not affect to the carrying of concealed firearms in public by members of the general public.”\footnote{Id. at 100. Conversely, a recent district court ruling from District of Columbia applied strict scrutiny to D.C.’s “good reason” requirement for a concealed carry permit when a challenger requested that the court preliminarily enjoin the law. See\textit{Grace v. District of Columbia},—F.Supp.3d—, No. 15-2234, 2016 WL 2908407 (D. D.C. May, 17, 2016). Under the law, enacted in 2015, the Chief of the Metropolitan Police Department “may” issue a license to carry a concealed firearm upon a finding that “it appears that the applicant has good reason to fear injury to his or her person or property or has any other proper reason for carrying a pistol, and the he or she is a suitable person to be so licensed.” D.C.\textsc{Code} § 22-4506(a). To show a good reason to fear in jury, the applicant must show “a special need for self-protection distinguishable from the general community as supported by evidence of specific threats or previous attacks that demonstrate a special danger to the applicant’s life.” D.C.\textsc{Code} § 7-2509-11(1)(A). Other “proper reasons” include employment in a job requiring handling cash or other valuables transported on the person. D.C.\textsc{Code} § 7-2509-11(1)(B). 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Amendment “does not include, in any degree, the right of a member of the general public to carry concealed firearms.”

Accordingly, because concealed carry is not encompassed by the Second Amendment, the Ninth Circuit held that California’s good-cause requirement withstood constitutional scrutiny.

**Commercial Sale of Firearms**

So far only one federal court of appeals—the Ninth Circuit—has engaged in an in-depth analysis of whether the Second Amendment includes a right to sell commercial firearms. And in *Teixeira v. County of Alameda*, a divided three-judge circuit panel answered in the affirmative. At issue in *Teixeira* was an ordinance in Alameda County, California, requiring businesses seeking to sell firearms to obtain a permit, which would not be granted if, as relevant here, the business would be within 500 feet of a residentially zoned district. After Alameda County denied a permit on that ground to applicants seeking to open a retail store that would sell firearms and provide related services (like firearm safety courses and certificates), the applicants challenged the zoning ordinance under the Second Amendment.

In a two-step analysis, the Ninth Circuit first concluded that the Second Amendment protects the commercial sale of firearms. The court reasoned that the individual right to keep and bear arms, “to have any force,” must also include “a right to acquire the very firearms they are entitled to keep and bear.” Therefore, the court concluded, “the right to purchase and to sell firearms is part and parcel of the historically recognized right to keep and bear arms.”

In determining the appropriate level of scrutiny, the Ninth Circuit first assessed whether the zoning regulation fell within the category of “presumptively lawful regulatory measures”—i.e., “longstanding” regulations that “impos[e] conditions and qualifications on the commercial sale of arms” that the Supreme Court referenced in *Heller*. But the court concluded that the ordinance did not fall into that category of historically unprotected firearm regulations because the county did not demonstrate that this type of firearms zoning regulation was “longstanding” by showing “that any

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320 *Id.* at *15. There were two dissenting opinions. In one, Judge Silverman stated that he would have concluded that the law could not survive strict scrutiny. *Id.* at 29-32 (Silverman, J., dissenting). In another, Judge Callahan contended that “the majority eviscerates the Second Amendment right of individuals to keep and bear arms as defined by *Heller* and reaffirmed in *McDonald*. *Id.* at 20-29 (Callahan, J., dissenting). Falling somewhere between the Ninth and Second Circuit decisions is the Third Circuit’s ruling in *Drake v. Filko*, which alternatively held that (1) New Jersey’s requirement that individuals seeking to carry a handgun in public must demonstrate “a justifiable need” is a longstanding regulation that does not burden conduct within the scope of the Second Amendment’s protections; and (2) even if the law burdened protected Second Amendment rights, the law survived intermediate scrutiny. 724 F.3d 426, 429-40 (3d Cir. 2013) (analyzing N.J. STAT. ANN. § 2C:58-4(c)). Justifiable need is defined under New Jersey law as “the urgent necessity for self-protection, as evidenced by specific threats or previous attacks which demonstrate a special danger to the applicant’s life that cannot be avoided by means other than by issuance of a permit to carry a handgun.” N.J. ADMIN. CODE § 12:54-2.3(d)(1).
321 *Teixeira v. County of Alameda*, 822 F.3d 1047 (9th Cir. 2016).
322 See ALAMEDA COUNTY, CA. CODE OF ORDINANCES § 17.54.131.
323 *Teixeira*, 822 F.3d at 1049-52.
324 *Id.* at 1053-56.
325 *Id.* at 1055. Another ancillary right to the Second Amendment noted by one court is the right to maintain proficiency in firearm use. See *Ezell v. City of Chicago*, 651 F.3d 684, 7014 (7th Cir. 2011). The Seventh Circuit in *Ezell v. City of Chicago* held that “the core right” of the Second Amendment to possess firearms for protection “wouldn’t mean much without the training and practice that make it effective.” *Id.*
326 *Teixeira*, 822 F.3d at 1056.
327 *Id.* at 1056-57.
historical regulation restricted where firearm sales could occur.” 328 Yet because the ordinance regulated only the location of firearms stores, the circuit court applied intermediate scrutiny in reviewing its permissibility. 329 Under that analysis, the court concluded that the government had not met its burden of demonstrating that the ordinance befits its stated objective—protecting against crime—because the county did not put forth any evidence to “justif[y] the assertion that gun stores act as magnets for crime.” 330 Because the district court had dismissed the complaint for failing to state a claim for relief, the Ninth Circuit remanded the case back to the district court to be reinstated. 331 The court noted, though, that the county’s ordinance, “may very well be permissible,” but such a conclusion would depend on the evidence the government put forward on remand. 332

**Licensing Fees**

In *Kwong v. Bloomberg*, the Second Circuit reviewed a New York law requiring residents to obtain a license to possess a handgun, along with an implementing New York City measure that imposed a licensing fee of $340 for a three-year permit. 333 The plaintiffs argued that the licensing fee imposed an unconstitutional burden on the exercise of their Second Amendment rights. 334 In upholding the fee, the Second Circuit found it “difficult to say that the licensing fee, which amounts to just over $100 per year, is anything more than a marginal, incremental or even appreciable restraint on one’s Second Amendment’s rights”—and thus would not implicate heightened scrutiny—but refrained from so holding because, in its view, New York City’s law also survived under intermediate scrutiny. 335 The court reasoned that the regulation serves New York City’s important interest in recouping the costs incurred in operating its licensing scheme, which is designed to promote public safety and reduce gun violence. 336

**Storage Requirements**

For handguns to be kept in a residence in San Francisco, California the law requires that those handguns, when not on the person, be stored in a locked container or disabled with a trigger lock. 337 The Ninth Circuit evaluated this requirement in *Jackson v. City and County of San Francisco*. 338 The circuit court found that, although the law implicates the core of the Second

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328 *Id.* at 1057-58.
329 *Id.* at 1061.
330 *Id.* at 1061-62.
331 *Id.* at 1063-64
332 *Id.* In dissent Judge Silverman framed the litigation as merely “a mundane zoning dispute dressed up as a Second Amendment challenge.” *Id.* at 1064 (Silverman, J., dissenting). Focusing on the majority’s connection of the right to bear arms to the right to sell arms, Judge Silverman contended that the applicants’ complaint “does not explain how Alameda County’s zoning ordinance, on its face or as applied, impairs any actual person’s individual right to bear arms, no matter what level of scrutiny is applied.” *Id.*
334 *Id.* at 163. Plaintiffs also alleged that the New York state law was impermissible on equal protection grounds, on account of the statute allowing New York City’s licensing fees to be significantly greater than other local jurisdictions. However, the Court concluded that the state measure was constitutionally permissible on this ground, as well. *Id.* at 170-72.
335 *Id.* at 167-68 (internal quotation marks and citation omitted).
336 *Id.* at 168-69.
337 S.F. CAL. POLICE CODE, art. 45, § 4512.
338 *Jackson v. City & County of San Francisco*, 746 F.3d 953 (9th Cir. 2014).
Amendment right by imposing restrictions on the use of handguns in the home, unlike the former D.C. law evaluated in Heller requiring handguns to be made completely inoperable, the burden in San Francisco’s law was not substantial, and thus intermediate scrutiny was warranted. The court appeared to distinguish San Francisco’s law from D.C.’s former law by noting that firearms kept in modern gun safes may be quickly opened and retrieved for use. Moreover, the court noted that, although the law makes it more difficult for residents to use handguns for self-defense in the home by having to retrieve the firearm from a locked container or remove a trigger lock, the requirement still burdens only the manner in which persons exercise their Second Amendment right. Thus, the Court concluded that a higher level of scrutiny was unwarranted.

Under intermediate scrutiny, the Ninth Circuit concluded that there was a reasonable fit between the regulation and the city’s substantial interest in reducing the number of gun-related injuries and deaths from unlocked handguns in the home. On appeal to the Supreme Court, the Court denied certiorari in Jackson over the dissent of Justices Thomas, who was joined by Justice Scalia. Justice Thomas described Jackson as “in serious tension with Heller” by prohibiting San Francisco residents from keeping their handguns “‘operable for the purpose of immediate self-defense,’ when not carried on their person.” Justice Thomas added that such a burden on a core Second Amendment right “is significant,” stating that “nothing in our decision in Heller suggested that a law must rise to the level of the absolute prohibition at issue in that case to constitute a ‘substantial burden’ on the core of the Second Amendment right.”

Enhanced Punishment

When calculating a defendant’s sentence under the United States Sentencing Guidelines, judges apply a “dangerous weapon enhancement” under Section 2D1.1(b)(1), which increases the defendant’s total offense level if “a dangerous weapon (including a firearm) was possessed during the course of a drug crime.” When challenged as unconstitutional under the Second Amendment, the Sixth Circuit in United States v. Greeno looked to whether the Second Amendment, “as historically understood, protected the possession of weapons by individuals engaged in criminal activity.” And the court concluded that penalizing firearm possession during a drug crime—through a sentencing enhancement—“is consistent with the historical understanding of the right to keep and bear arms, which did not extend to possession of weapons for unlawful purposes.” Thus, the court concluded that Section 2D1.1(b)(1) did not implicate the Second Amendment and therefore was constitutional.

339 Id. at 964-65.
340 Id. at 964.
341 See id.
342 See id.
343 Id. at 965-66.
345 Id. at 2801 (quoting District of Columbia v. Heller, 554 U.S. 570, 630 (2008)). Justice Thomas added that San Francisco’s ordinance “burdens [its residents’] right to self-defense at the times they are most vulnerable—when they are sleeping, bathing, changing clothes, or otherwise indisposed.” Id.
346 Id.
347 U.S.S.G. § 2D1.1(b)(1).
349 Id. at 520.
350 Id.
Conclusion

Although the circuit courts of appeals have taken various approaches in evaluating Second Amendment challenges, the results tend to share similar outcomes. Accordingly, without further guidance from the Supreme Court, Congress may find the circuit court rulings instructive should the legislature seek to enact measures that would add or modify the categories of persons or weapons subject to firearm regulations.

Almost all federal courts reviewing Second Amendment challenges post-*Heller* have adopted a two-step approach to evaluating Second Amendment challenges. First, courts ask whether the regulated person, firearm, or place comes within the scope of the Second Amendment’s protections. If not, the law does not run afoul of the Second Amendment. If, on the other hand, the challenged law does implicate the Second Amendment, courts must next decide the appropriate levels of scrutiny—rational basis, intermediate, or strict scrutiny—to employ in determining whether the law passes constitutional muster. In deciding which level to choose, courts generally ask whether the challenged law burdens core Second Amendment conduct, like the ability to use a firearm for self-defense in the home. If a law substantially burdens core Second Amendment activity, courts typically will apply strict scrutiny. Otherwise, courts will apply intermediate scrutiny. In addition, sometimes circuit courts have taken a different approach by asking whether the challenged regulation is “presumptively lawful” as envisioned by *Heller*. And in the rare case where court determines that a law has a de minimis burden on Second Amendment activity, these courts have applied rational basis review. Conversely, some courts have deemed rational-basis review as “off the table” based on the majority’s comments in *Heller*. All told, most firearm laws have been reviewed under intermediate scrutiny, where the courts require a reasonable fit between the challenged law and a substantial or important governmental interest asserted as the basis for the law.

Based on these various approaches, it appears that the government can justify a firearm regulation in a number of ways. First, at step one, the government can show that the regulation is a longstanding, presumptively lawful regulation. The government typically can do this by tying the regulation to those restrictions identified in *Heller* as presumptively lawful. In some cases, a challenged restriction might not be among those listed in *Heller* as presumptively lawful. However, given the *Heller* Court’s admonishment that the list was not intended to be exhaustive, later courts have concluded that a challenged law is presumptively lawful by analogizing it to restrictions identified in *Heller* as presumptively permissible. In other cases, the government can show that a firearm regulation is presumptively lawful by proving that a restricted person is not a lawful, responsible citizen and thus outside the scope of the Second Amendment. Additionally, the government can make a historical showing that the firearm regulation is longstanding and thus lawful.

Second, if the inquiry proceeds to the second step, the government must show that the regulation is substantially related to an important governmental interest. The cases show that the success of a law under this inquiry will depend on the evidence that the government puts forth. The courts will not take mere assertions by the government but requires meaningful evidence, like legislative findings, empirical evidence, and academic studies. Based on the courts’ admonishments, future legislation to regulate firearms may face a greater chance of survival in the courts if that legislation evidences a clear fit between the government’s interest and the regulation.
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