



A Guide for First Responders Preparing Your Family for Emergencies

(Presenter's Name)
(Organization)

Emergencies Happen

- Disasters can strike at any time
- Having a plan in place is crucial
- Three simple steps help you and your family prepare for the unexpected



Who Takes Care of *Your* Family?



- You provide vital services to the Nation.
- You provide essential support to your family.
- While you are busy saving lives and responding to emergencies, is your family safe?

Your Family's Emergency Plan

- Get prepared with your personal and family readiness plans
 1. Get a kit
 2. Make a plan
 3. Be informed



Ready Responder Family Emergency Plan




Make sure your family has a plan in case of an emergency. Before an emergency happens, sit down together and decide how you will get in contact with each other, where you will go and what you will do in an emergency. Keep a copy of this plan in your emergency supply kit or another safe place where you can access it in the event of a disaster.

Out-of-Town Contact Name: _____ Telephone Number: _____
 Email: _____
 Neighborhood Meeting Place: _____ Telephone Number: _____
 Regional Meeting Place: _____ Telephone Number: _____
 Evacuation Location: _____ Telephone Number: _____

Fill out the following information for each family member and keep it up to date.

Name: _____	Social Security Number: _____
Date of Birth: _____	Important Medical Information: _____
Name: _____	Social Security Number: _____
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Name: _____	Social Security Number: _____
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Name: _____	Social Security Number: _____
Date of Birth: _____	Important Medical Information: _____
Name: _____	Social Security Number: _____
Date of Birth: _____	Important Medical Information: _____

Write down where your family spends the most time, work, school and other places you frequent. Schools, day care providers, workplaces and apartment buildings should all have site-specific emergency plans that you and your family need to know about.

Work Location One Address: _____ Phone Number: _____ Evacuation Location: _____	School Location One Address: _____ Phone Number: _____ Evacuation Location: _____
Work Location Two Address: _____ Phone Number: _____ Evacuation Location: _____	School Location Two Address: _____ Phone Number: _____ Evacuation Location: _____
Work Location Three Address: _____ Phone Number: _____ Evacuation Location: _____	School Location Three Address: _____ Phone Number: _____ Evacuation Location: _____
Other place you frequent Address: _____ Phone Number: _____ Evacuation Location: _____	Other place you frequent Address: _____ Phone Number: _____ Evacuation Location: _____

Important Information	Name	Telephone Number	Policy Number
Doctor(s):			
Other:			
Pharmacist:			
Medical Insurance:			
Homeowner/Rental Insurance:			
Vehicle/Travel Insurance:			

Dial 911 for Emergencies

Your Kit Should Include:



- Food
 - Non-perishable—not requiring refrigeration, cooking, or water for preparation
 - Examples: canned food, granola bars
 - Include a manual can opener
- Water
 - One gallon per person and pet per day for three days
 - Store in clean, sealed plastic bottles
 - The need for water can vary based on climate and special needs

Other Items

- Radio
 - Battery-powered with National Oceanic and Atmospheric Administration (NOAA) weather-alert function
 - Extra batteries
- Flashlight
 - Extra batteries
- First Aid Kit
 - Specific items for family/personal needs
- Whistle
 - To signal for help if trapped
- Wrench or Pliers
 - To turn off utilities, if necessary



Special Items to Consider

- Medications
- Eyeglasses
- Food for pets
- Games and toys for children
- Diapers and formula

Additional Items to Consider Adding to an Emergency Supply Kit:

- Prescription medications and glasses
- Infant formula and diapers
- Pet food and extra water for your pet.
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container
- Cash or traveler's checks and change
- Emergency reference material such as a first aid book or information from www.ready.gov
- Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.
- Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Consider additional clothing if you live in a cold-weather climate.
- Household chlorine bleach and medicine dropper – When diluted nine parts water to one part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.
- Fire Extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates and plastic utensils, paper towels
- Paper and pencil
- Books, games, puzzles or other activities for children

Ready
Prepare. Plan. Stay Informed.

Emergency Supply List

 **Homeland Security**
www.ready.gov

Pet Supplies



- If you have a pet, include pet supplies in your emergency supply kit
 - Food
 - Water
 - Medicine/medical records
 - Collar with ID tag
 - Harness or leash
 - Crate or other pet carrier
 - Familiar items (i.e., toys, treats, and bedding)
 - Picture of you and your pet for identification purposes

2. Make a Plan

 **Ready Responder Family Emergency Plan** 

Make sure your family has a plan in case of an emergency. Before an emergency happens, sit down together and decide how you will get in contact with each other, where you will go and what you will do in an emergency. Keep a copy of this plan in your emergency supply kit or another safe place where you can access it in the event of a disaster.

Out-of-Town Contact Name: _____ Telephone Number: _____
 Email: _____
 Neighborhood Meeting Places: _____ Telephone Number: _____
 Regional Meeting Places: _____ Telephone Number: _____
 Evacuation Locations: _____ Telephone Number: _____

Fill out the following information for each family member and keep it up to date.

Name: _____ Social Security Number: _____
 Date of Birth: _____ Important Medical Information: _____
 Name: _____ Social Security Number: _____
 Date of Birth: _____ Important Medical Information: _____
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 Name: _____ Social Security Number: _____
 Date of Birth: _____ Important Medical Information: _____

Write down where your family spends the most time, work, school and other places you frequent. Schools, day care providers, workplaces and apartment buildings should all have site-specific emergency plans that you and your family need to know about.

Work Location One: _____ School Location One: _____
 Address: _____ Address: _____
 Phone Number: _____ Phone Number: _____
 Evacuation Location: _____ Evacuation Location: _____

Work Location Two: _____ School Location Two: _____
 Address: _____ Address: _____
 Phone Number: _____ Phone Number: _____
 Evacuation Location: _____ Evacuation Location: _____

Work Location Three: _____ School Location Three: _____
 Address: _____ Address: _____
 Phone Number: _____ Phone Number: _____
 Evacuation Location: _____ Evacuation Location: _____

Other place you frequent: _____
 Address: _____
 Phone Number: _____ Phone Number: _____
 Evacuation Location: _____ Evacuation Location: _____

Important Information	Name	Telephone Number	Policy Number
Doctor(s):			
Other:			
Pharmacist:			
Medical Insurance:			
Homeowners/Rental Insurance:			
Veteran(s) (Retired, for pri):			

Dial 911 for Emergencies

- Sit down as a family and plan in advance what you will do in an emergency
- A well thought-out plan will allow you to assess the situation, use common sense, and take care of yourself and your loved ones

Family Emergency Plan Elements

Make sure your family has a plan in case of an emergency. Before an emergency happens, sit down together and decide how you will get in contact with each other, where you will go and what you will do in an emergency. Keep a copy of this plan in your emergency supply kit or another safe place where you can access it in the event of a disaster.

Neighborhood Meeting Place: _____ Phone: _____

Out-of-Neighborhood Meeting Place: _____ Phone: _____

Out-of-Town Meeting Place: _____ Phone: _____

Fill out the following information for each family member and keep it up to date.

Name: _____ Social Security Number: _____

Date of Birth: _____ Important Medical Information: _____

Name: _____ Social Security Number: _____

Date of Birth: _____ Important Medical Information: _____

- Out-of-Town Contact—In an emergency, it might be easier to make a phone call out of town; designate an out-of-town contact to take roll and relay information for your family
- School and Work Plans—Learn about the emergency plans at your workplace and at your children's schools
- Meeting Places—Choose two places to meet: one in your neighborhood and one outside your neighborhood

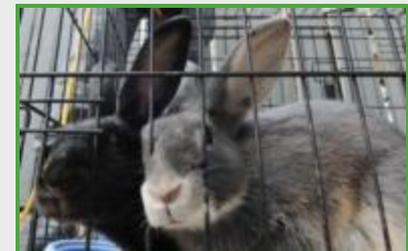
Special Considerations: Children



- Parents of school-aged children need:
 - Contact numbers for your child's school
 - Emergency school plans
- Consider having your child make their own kit. Include parents' full names, contact information, and any medical conditions requiring special care for your child
- Make sure children have your phone numbers and know who to contact if separated or evacuated without the family
- Have a current photo of your child
- Dual responder parents need special plans

Other Special Considerations

- Older Americans, individuals with disabilities, and individuals with other special needs
 - Develop an emergency plan that considers each family member's unique needs, including a personal support network to call on in the event of an emergency
- Pets
 - Plan with neighbors, friends, or relatives to make sure someone is available to care for or evacuate your pets if you are unable to



Stay or Go?

- In some situations, authorities may urge you to evacuate
 - Hurricane, flood, fire, etc.
- In other situations, staying where you are and avoiding danger is best
 - If air is contaminated or there are large amounts of debris in the air
- Make sure your family will listen to instructions from local emergency management officials



Your Family May Get Separated



- You may not be together as a family when an emergency happens
- Plan in advance how to get in touch with each other and get back together
- www.ready.gov/responder has a template to help you get started

Evacuating



- Plan where your family will go; choose several destinations in different directions
- Plan driving routes; have maps and alternate routes
- If your family does not have access to a car, know public transportation options
- Take the Emergency Supply Kit
- Lock your door
- Take your pets; plan out what pet friendly lodging you will go to in advance

3. Be Informed

- Be sure your family knows:
 - Different types of emergencies and their appropriate responses
 - Which emergencies are more likely to affect your area
 - Local emergency plans, warnings systems, radio stations, and other emergency messaging resources for your community
- Visit www.ready.gov/responder for more information



Prepare Today!



Learn more about preparing yourself and your family for emergencies.

Visit www.ready.gov/responder and contact your agency at (XXX) XXX-XXXX