

## Pandemic Influenza Isolation Precautions For Hospitalized Patients

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| <b>Reporting</b>                          | Notify Infection Control or Shift Administrator immediately. Sonoma Co. Public Health must also be notified immediately by Infection Control or Shift Administrator.  |
| <b>Room Placement</b>                     | Place immediately in negative pressure room or in room with HEPA filtration unit. If HEPA filtration unit is unavailable, place patient in a private room with doors closed.  |
| <b>Respiratory Etiquette for Everyone</b> | <ul style="list-style-type: none"> <li>• Cover your cough with disposable tissues</li> <li>• Wear a mask for respiratory symptoms or cough</li> <li>• Practice good hand hygiene</li> <li>• Maintain distance of three feet from those who are ill</li> </ul>   |
| <b>PPE for Staff</b>                      | <ul style="list-style-type: none"> <li>• Yellow cover gown, gloves, N-95 respirator or PAPR, and face shield.</li> <li>• All PPE should be disposed of immediately outside the room, gloves last, in a non-biohazard container ( if contaminated with blood or body fluids use red bag trash).</li> <li>•</li> <li>• Gloves should be changed/removed before touching clean surfaces.</li> </ul>  |
| <b>Respiratory Protection</b>             | <ul style="list-style-type: none"> <li>• N-95 respirators should NOT be reused</li> <li>• Once worn in presence of pandemic influenza patient, avoid touching outside face piece. Remove by grasping head straps. Single use is required.</li> <li>• If N95's are in short supply, a tight fitting, fluid resistant surgical mask may be used. Consider higher level of protection for aerosol generating procedure (PAPR, do procedure in negative pressure room)</li> </ul> |
| <b>Hand Hygiene</b>                       | Alcohol gel can be used unless hands are visibly soiled. If visibly soiled use soap and water.<br>Keep your hands away from eyes, nose and mouth.   |
| <b>Transporting</b>                       | Patients should not be transported to other areas of the hospital unless necessary. In patient is transported, place a surgical mask over patient's nose and mouth. If transported in an elevator, employees should use an N95 mask.  |
| <b>Lab Specimens</b>                      | Lab specimens should be placed in ziplock bags, tightly sealed, and properly labeled.<br>For viral respiratory specimen collection, use Respiratory Test Kits available from Lab.   |
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Reference: CDHS Pandemic Influenza Preparedness and Response Plan, Infection Control in the Healthcare Setting, September 8, 2006; [www.dhs.ca.gov](http://www.dhs.ca.gov)

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| <b>Patient Care Equipment</b>     | Disposable thermometers and stethoscopes should be used whenever possible. Reusable equipment should be disinfected after each patient contact.  |
| <b>Environmental Services</b>     | Daily cleaning of all horizontal surfaces and equipment used by patient or touched by dirty gloves and equipment should be cleaned at the end of each shift. Mops and rags should be put in hamper in room. Buckets should be emptied in room. Aerosol spray bottles should not be used. Vacuums and spray buffers should not be used in patient rooms. Keep bottle of disinfectant and Sani Wipes in anteroom.  |
| <b>Terminal Cleaning</b>          | Perform normal terminal cleaning post discharge. Cubical curtains should be changed or laundered if possible. Walls do not need to be terminally cleaned. Disinfect reusable equipment before removing.  |
| <b>Soiled Linen</b>               | Handle according to hospital policy.   |
| <b>Biohazard Waste</b>            | Handle according to standard hospital policy.  |
| <b>Employee Health Guidelines</b> | <ul style="list-style-type: none"> <li>• Screen yourself and family members for symptoms before reporting to work. Symptoms are: <ul style="list-style-type: none"> <li>□ Fever over 101</li> <li>□ Cough</li> <li>□ Sore throat</li> <li>□ Headache</li> <li>□ Extreme fatigue</li> <li>□ Muscle aches</li> </ul> </li> <li>• Stay home in isolation if you or a member of your family is sick.</li> <li>• If antivirals are available, follow procedures for obtaining them (TBD) and follow prescription directions.</li> <li>• Follow usual sick call protocol for your unit unless otherwise instructed by Employee Health or Infection Control.</li> </ul> |
| <b>Visitors</b>                   | Any person with respiratory symptoms or fever shall not be allowed to visit patients in the hospital. Information shall be posted at entrances to buildings. Visitors should wear PPE including surgical mask, or as instructed by staff. If surgical mask does not fit tightly then they should be requested not to enter patient's room. Only one visitor shall be allowed at a time. Staff shall educate patients and visitors about hand hygiene.  |

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