



# PANDEMIC FLU AND YOU

## Students With Special Needs

### Low-income students who depend on school served meals

- ❑ Consider providing alternative resources for low-income families to get food and other household supplies during a flu pandemic.

### Students with chronic illness and/or disability

- ❑ Emergency Contact – regularly update emergency contact information for students with pre-existing health conditions.
- ❑ Medical Information – information about a student’s medication(s), dosage instructions and contact information for his/her primary health care physician.

### Students and families who do not speak English as their second language

- ❑ Take a survey of the different languages spoken by students at each school.
- ❑ If possible, have translators translate the school or district’s pandemic influenza preparedness plan.
- ❑ Internet resources for pandemic influenza related information available in different languages are available for download online:
  - United Kingdom Department of Health, Family oriented pandemic flu information in 21 different languages:  
[http://www.dh.gov.uk/PublicationsAndStatistics/Publications/PublicationsPolicyAndGuidance/PublicationsPolicyAndGuidanceArticle/fs/en?CONTENT\\_ID=4121631&chk=vR4A92](http://www.dh.gov.uk/PublicationsAndStatistics/Publications/PublicationsPolicyAndGuidance/PublicationsPolicyAndGuidanceArticle/fs/en?CONTENT_ID=4121631&chk=vR4A92)
  - Cover Your Cough, Clean Your Hands posters in English and Spanish from WC DHHS:  
[www.co.washington.or.us/deptmts/hhs/comm\\_hlh/diseze/doc/ccoughb.pdf](http://www.co.washington.or.us/deptmts/hhs/comm_hlh/diseze/doc/ccoughb.pdf)
  - National Defense University, Center for Technology and National Security Policy, Bird Flu and You posters: [www.ndu.edu/ctnsp/Bird\\_flu.htm](http://www.ndu.edu/ctnsp/Bird_flu.htm)
  - US Center for Disease Control and Prevention, Avian flu information in different languages: [www.cdc.gov/flu/avian/](http://www.cdc.gov/flu/avian/)